

# CODE OF CONDUCT

Pictou Recreation and Parks recognizes that for our programs to be successful, safe, and fun, they must be operated on the principle of respect for each other, the rules, activity parameters, boundaries, and safety guidelines.

Please review the following with your children:

Responsibilities of Participants and Parents/Guardians

- To respect drop off and pick up times
- To respect yourself, others, property, and staff.
- To follow camp rules
- To adhere to instructions provided by staff regarding safety issues.
- To bring a healthy snack and lunch with plenty of water.
- To wear appropriate clothing including a hat, and proper footwear, and to bring a change of clothes, as well as sunscreen and a shirt to cover shoulders when playing in water.

Healthy Eating Practices and Multi-Sport Learning Opportunities are a big part of the Day Camp Program. Weekly activities will include Hiking and nature exploration, becoming "mini chefs" to practice healthy eating, tennis lessons, and library activities.

The Town of Pictou is a registered HIGH FIVE® organization. Pictou Recreation staff receive this training to ensure that every child has a positive sport and recreation experience.



# HEALTH AND SAFETY

## Safety is a Priority

To ensure campers have a good experience, safety is our main priority. We ask that parents also speak to their children at home about ways they can stay safe at camp.

## Sun Safety

We spend most of our time outdoors and in the sun. To protect campers from harmful UV rays, we require that campers arrive wearing a hat and sunscreen. Sunscreen is to be sent from home and labelled with your camper's name. Application is then required after lunch and at 2 pm, resulting in a minimum of 3 applications per day. Sun shirts are also required for swimsuits that leave the back or shoulders exposed to protect campers from burns.

## Behaviour

Our staff encourages participation, fair play, honesty, and fun! Bullying of any form will not be tolerated.

## Healthy Eating

All campers are required to bring water, a nutritional snack, and lunch each day. Each week campers will learn about healthy food choices via activities.

## Nut Free

To ensure the safety of everyone, Pictou Recreation and Parks is a nut free environment to help reduce allergy risk.

# PICTOU SUMMER DAY CAMP 2024



## Summer Program and Policies

Pictou Recreation and Parks

902-485-4372

40 Water Street, P.O. Box 640

Pictou, Nova Scotia, B0K 1H0

[recintern@townofpictou.ca](mailto:recintern@townofpictou.ca)

# SEVEN WEEKS TO CHOOSE FROM!

**CIRCUS**  
July 2-5 **\$85**

This week to start the summer off we will be playing lots of games and making crafts about the circus. Everyone will get to practice their circus acts, then we will go to the Pictou Lobster Carnival!



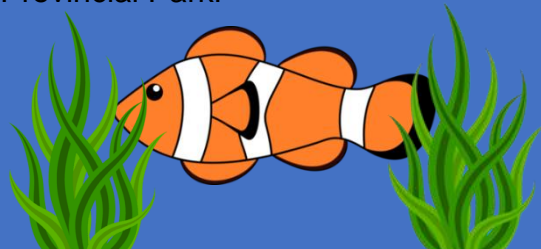
**PIRATE'S LIFE**  
July 8-12 **\$100**

Be prepared for lots of water games and fun to be had. Lots of pirate themed games and more, with a trip to the Hector Heritage Quay!



**UNDER THE SEA**  
July 15-19 **\$85**

This is an exciting week to learn about all the creatures in the ocean! Then go explore some of Nova Scotia's water at Caribou Beach Provincial Park.



**MAD SCIENCE**  
July 22 – 26 **\$100**

Let your creativity loose with a week full of experiments and an exciting trip to the Discovery Centre!



**WACKY WILDERNESS**  
July 29 – August 2 **\$100**

A fun filled week learning about animals and the outdoors! Then let loose and see the animals all on their own at Shubenacadie Wildlife Park!



**SPORTS**  
August 5-9 **\$100**

Get ready for a fun time as we spend the week playing different sports. This week we will go to Trenton Park to play on the splash pad and park!



**SUPERHERO**  
August 12-16 **\$100**

A super week to wrap up the summer with lots of activities and a fun end of summer celebration!



Each camper will receive a 'trip shirt' that will help us all stay together when walking and traveling together. This fee has been added to the registration cost!