



Newsletter

Keeping Our Community Connected

WINTER 2025

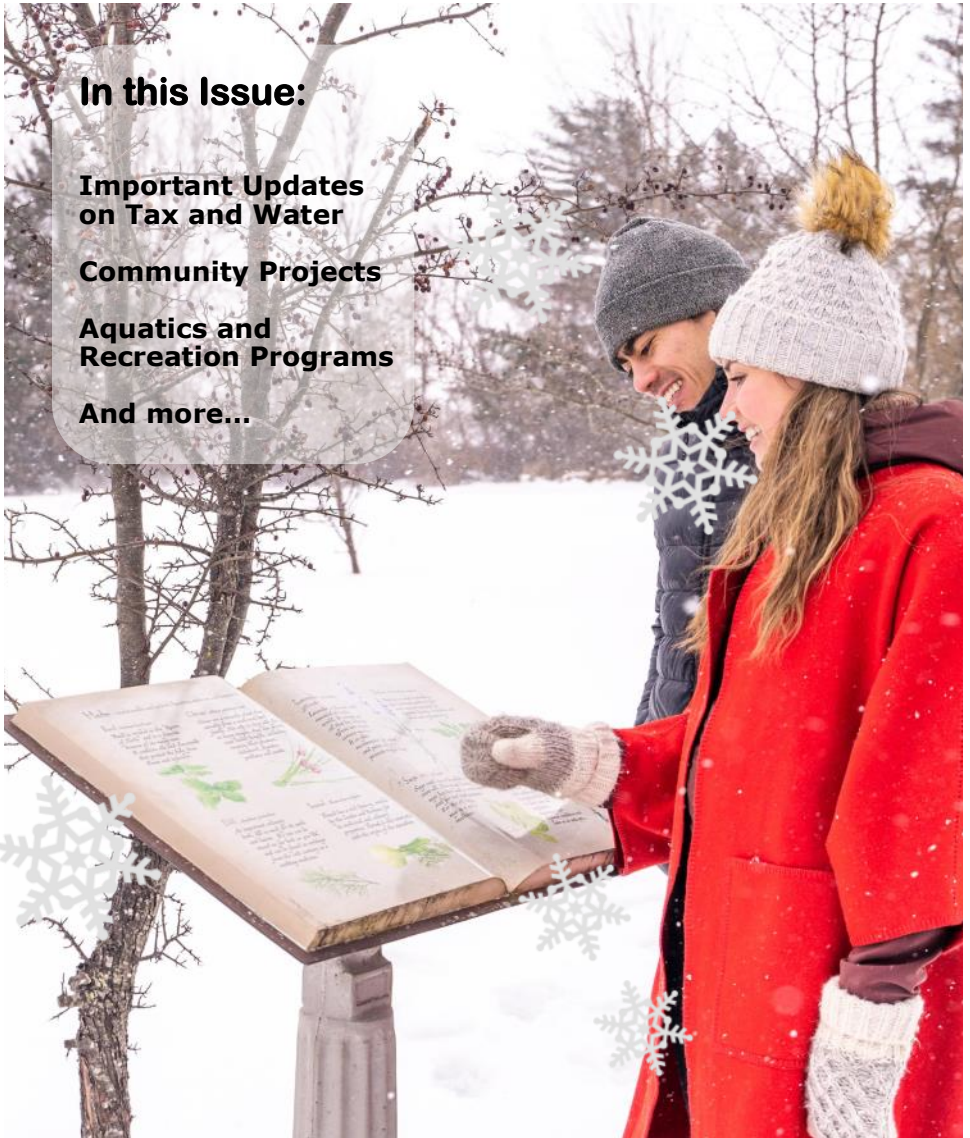
In this Issue:

**Important Updates
on Tax and Water**

Community Projects

**Aquatics and
Recreation Programs**

And more...





Greetings!

As we reflect on 2024, we look forward to 2025 with anticipation as to what happens next for the Town of Pictou. The second year for the Caladh Marquee and the Vendor Village has continued to draw attention to our beautiful waterfront and friendly community. Town Council and staff are already considering the options for next year.

The expansion and renovations to the *deCoste Performing Arts Centre* and the addition of the *Murray Family Public Library* are now complete. This cultural hub with its amazing public art installations and modern technology has become a gathering place where people can relax, socialize, learn and create.

The Hector *Heritage Quay Interpretive Centre* re-vitalization and the re-launch of the Ship Hector replica in July will certainly be things to look forward to in 2025.

Work has begun on the Market Wharf replacement and expansion. We are expecting the new wharf, permanent breakwater and increased capacity marina to be completed late in 2026. This will allow us to continue to build our reputation as a working waterfront and premier marine destination.

Our dedicated Public Works crew is back on the roads doing snow removal and salting. We ask that you be patient as the small, but mighty, team works to keep us moving about town safely.

Embrace winter and take advantage of the many programs outlined in the following pages. We have some wonderful facilities and natural surroundings that allow us to remain active all year. Thanks to Town staff and the many organizations and volunteers who help to make this happen.

Wishing everyone a prosperous and safe 2025!

Jim Ryan

**Administration Office,
Town Hall**

Hours Open
8:00am-5:00 pm
Closed Stat/Civic
Holidays

40 Water Street
PO Box 640, Pictou
B0K 1H0
Ph: (902) 485-4372
Email:
info@townofpictou.ca

Public Works

Ph: (902) 485-5390

Pictou Fire Department

Emergency 911
Fire Hall (902) 485-4136

**Pictou Recreation
and Parks**

Ph: (902) 485-4372

**Pictou Recreation
Aquatics**

73 Harbour Drive
PO Box 640
Ph: (902) 485-5301
Email:
aquatics@townofpictou.ca

Administration Directory

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kyle.slaunwhite@townofpictou.ca

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michelle.young@townofpictou.ca

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sally.oneill@townofpictou.ca

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Fire Chief
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Your Town Council

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Phone: 902-485-8748

Email: jim.ryan@townofpictou.ca

Deputy Mayor Nadine LeBlanc

Phone: 902-301-8068

Email: nadine.leblanc@townofpictou.ca

Councillor Robert Fry

Phone: 902-396-8778

Email: robert.fry@townofpictou.ca

Councillor Krista Fulton

Phone: 902-754-6728

Email: krista.fulton@townofpictou.ca

Councillor Matt Harris

Phone: 902-955-6288

Email: matt.harris@townofpictou.ca

Meetings

Committee of Council Meetings

Meets on the first Monday of each month except on holidays (rescheduled to the following Monday or Tuesday).

Regular Town Council Meetings

Meets on the third Monday of each month, except on holidays (rescheduled to the following Monday or Tuesday).

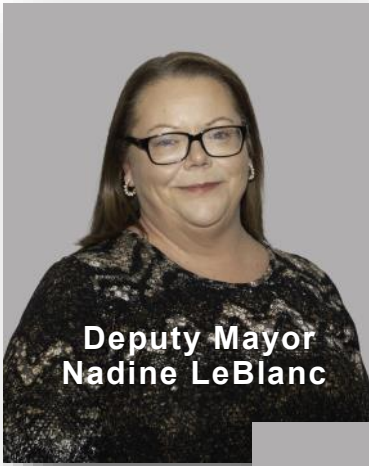
Pictou Recreation and Parks Committee

Meets on the last Wednesday of each month except on holidays.

NOTE: Meetings are open to the public and can be viewed live on Facebook on meeting dates. Meeting dates may change due to holidays and other circumstances. Please check website for details or call the Town Hall at 902-485-4372.

Cover Photo Credit: NS Tourism

Location: McCulloch House Museum Property



**Deputy Mayor
Nadine LeBlanc**



**Councillor
Krista Fulton**



**Mayor
JIM RYAN**



**Councillor
Matt Harris**



**Councillor
Robert Fry**

Market Wharf and Breakwater Construction Project

The Town of Pictou had begun construction on a \$12.5 million redevelopment project this past November rebuilding Market Wharf and a new breakwater to elevate the marina into a first-class facility. The Hector Quay Visitors Marina will reopen with expanded berths and state-of-the-art amenities such as a fueling station, upgraded water and electrical systems, and sewage disposal services. The construction is expected to take 24 months, with completion anticipated by December 2026. Once complete, the revitalized marina will solidify Pictou's reputation as a key maritime destination. Below: conceptual drawing of new breakwater and Market Wharf rebuild.



Caladh Avenue Project

Caladh Avenue and the surrounding area will undergo extensive reconstruction to elevate the road network and strengthen coastal defenses. This work is anticipated to begin March 2025. The work covers a stretch of the waterfront from behind the former Consulate Inn on the Jitney Trail to Coleraine Street. Key upgrades include raising the street level by two feet between Commercial Street and Market Street, installing new sidewalks, asphalt resurfacing, and adding a multi-use pathway that includes a bike lane on the south side of the street. These improvements are critical for safeguarding both private and public properties along a vulnerable waterfront floodplain. The Caladh Avenue Development Concept drawings were presented at the Committee of Council Meeting on October 7, 2024 and can be found on the Town website.

Town Grant Program

Organizations requesting financial assistance through the Municipal Grants to Organizations Program for **fiscal year 2025-26** must forward their application to the Community Development Officer no later than **March 31, 2025**. The application forms are available from the Town Administration Office at 40 Water Street or can be downloaded from the Town website at www.townofpictou.ca.

Applications will be considered in accordance with the Grant Program Policy for the Town of Pictou. Grant categories include:

- Youth Travel
- Community Programming
- National /Provincial/or Local Event
- Community Economic Development Initiative

Only grant requests completed on application forms will be considered.

All first-time applicants are encouraged to contact the Community Development Officer at 485-4372 x.255 or email michelle.young@townofpictou.ca to discuss their proposal and receive guidance in completing the application form.

Tax and Water Billing

Tax bills are mailed out April (due in June) and August (due in October). Water bills are invoiced quarterly in January, April, July and October. Please ensure that you have supplied the Town with your correct mailing address including your Post Office Box Number to deter delayed payments and notices. Postal box numbers are **required** at the Post Office.

Paymentus

The Town of Pictou accepts water and property tax payments by credit cards online. A 2.5% convenience fee will apply. To get started visit [Paymentus](#) or call 1-833-277-8701. We accept Visa, Mastercard, and Amex. Please allow at least four business days for processing.

Online Bill Payment Through Your Bank

You can pay your property tax or water bills online through your online banking. You must set up a separate payee for taxes and water.

Notice of Sale by Auction (Tax Sale)

Pursuant to Part VI of the Municipal Government Act (MGA) of Nova Scotia, take notice that the following mentioned lands situated in the Town of Pictou will be sold for arrears of rates, taxes, interest and expenses as set forth below by auction on February 19, 2025 at 2 PM in Council Chambers, unless amounts are respectively paid before that date and time. Any person wishing to bid must pre-register by contacting: Town of Pictou at 902-485-4372 Email: info@townofpictou.ca

TERMS: Payment of Cash, Certified Cheque, Money Order, Bank Draft or Lawyer's trust cheque to cover rates, taxes, interest and expenses must be made at the time of the sale. The balance of the Purchase Price, if any, must be made within three (3) days of the sale by cash, debit, certified cheque, bank draft, money order or Lawyer's trust cheque.

AAN	Address	Status	Deed
01363883	140 MARINE ST	Land	6 Month
04218574	258 FAULKLAND ST	Dwelling	6 Month
02731681	24 DAWSON ST	Dwelling	6 Month
04420829	124 POPLAR ST	Dwelling	6 Month
02690616	68 PINE ST	Dwelling	6 Month
02740494	92 UNION ST	Land	6 Month
02495554	93 MAPLE ST	Dwelling	6 Month
02254964	146 FRONT ST	Dwelling	6 Month
02891549	142 UNION ST	Dwelling	6 Month
02883171	127 West River Rd	Dwelling	6 Month
00947555	100 UNION ST	Dwelling	6 Month
01801449	20 SINCLAIRE ST	Dwelling	6 Month
02936437	76 UNION ST	Dwelling	6 Month
03581217	134 ST ANDREWS ST	Dwelling	6 Month
04272595	67 DENOON ST	Dwelling	6 Month
02966174	16 BIRCH HILL DR	Dwelling	6 Month
01032186	234 WELLINGTON ST	Land	6 Month
08265836	16 PATTERSON ST	Dwelling	6 Month
10429080	HALIBURTON RD	Land	6 Month
02147963	80 MAPLE ST	Dwelling	6 Month
11015174	Water St	Land	Non-Redeemabl
10983355	KEMPT ST	Land	Non-Redeemabl
02948788	87 WELLINGTON ST	Dwelling	6 Month
11117945	CREIGHTON LANE	Land	Non-Redeemabl

Call for Citizens Applications

The Town of Pictou is inviting citizens to apply to serve on the following committees:

BUSINESS ADVISORY COMMITTEE

The Pictou Business Advisory Committee is a standing advisory committee to Council replacing the Pictou Business and Marketing Society. The mandate of the Committee is to advise Council on the development and management of an implementation strategy for Pictou's Waterfront Plan (March 2022) and other strategic business initiatives. The committee will provide advice and guidance on business matters.

PARKS & RECREATION COMMITTEE

The committee operates pursuant to the Pictou Recreation and Parks Committee Policy. The major focus areas include planning and organizing special community events and serving as an advisory group to Council on recreation service delivery.

PLANNING ADVISORY COMMITTEE

The committee operates pursuant to Part VIII of the Municipal Government Act. Its purpose is to advise respecting the preparation or amendment of planning documents and planning matters generally.

POLICE ADVISORY COMMITTEE

The committee operates pursuant to provisions of the Nova Scotia Police Act. Its function is to provide advice to Council in relation to the enforcement of law, the maintenance of law and order, and the prevention of crime within the Town of Pictou by ensuring community needs and values are reflected in priorities. Members must pass the appropriate RCMP criminal check and be willing to take training provided by the Nova Scotia Department of Justice.

If you are interested in volunteering for one of the committee positions, please complete the "Invitation to Serve" form including a brief biography outlining related experience to the undersigned on or before **January 31, 2025**. Forms can be found online or pick up at Town Hall.

Nicole MacDonald
Deputy Clerk, Town of Pictou
nicole.macdonald@townofpictou.ca



CONGRATULATIONS

Andrew Marshall

Recipient of the 2024 Small Business of the Year Mobius Award.

Andrew, Owner of North Shore Ballast & Concrete Works was recognized for his exemplary efforts in waste reduction.

Snow Removal

The Town of Pictou would like to remind all residents that during snowstorms, Public Works crew will be out to keep the streets and sidewalks clear. We want to remind everyone that a winter parking ban is now in effect so Public Works can safely and quickly clear the streets. The Town of Pictou would like to thank everyone for their cooperation in this matter. For more information on the Snow Plowing and Ice Control Policy visit the Town website.

2024-25 Winter Parking Regulations

The Winter Parking Ban is now in effect in the Town of Pictou. Here's what you need to know:

When: December 15, 2024 to April 1, 2025.

What: No cars can be parked on the streets, sidewalks or shoulders of the streets in the Town of Pictou from 1:00 am to 7:00 am & during daytime hours, when snow plows are trying to plow the streets.

Exemptions: Physicians, police & fire officials while carrying out their official duties and operators of commercial vehicles while loading & unloading.

Violations: All vehicles will be ticketed and towed at owner's expense. This applies whether there is snow or not. Additional penalties provided by Section 292 of the Motor Vehicle Act.



Town of Pictou Volunteer of the Year
Heather Mattie



Pictou County Transit Expands
Route to Town of Pictou



Caladh Marquee and Love
Local Vendors Village Hosts:
56 Music Events
5 Artisan Markets
2 Movie Nights
6 Fundraisers
6 Community Events



Grand Opening of the deCoste Culture Hub



New Jitney Trail Bridge Opens



Coleraine Street Project
Asphalt, sidewalks & services

New to Pictou?

Drop by the Pictou Town Hall at 40 Water Street and pick up your newcomer package. There are many resources to help you navigate and settle into your new home. We are happy to answer any questions you may have. Staff at the Town Hall are just a phone call away at 902-485-4372.

YMCA for Immigrant Programs Pictou County

YMCA Centre for Immigrant Programs Pictou County is a multi-service organization committed to building a healthy community. They offer a variety of programs that support newcomer settlement, integration, and language services. Programs and services include: individual settlement integration support, group settlement activities, language instruction, children/youth/school settlement support, AIP needs assessment & settlement plan, welcoming community initiatives and awareness raising. Located at: 352 East River Road, New Glasgow. Phone: 902-752-1573
Email: yispictou.county@halifax.ymca.ca

SUBSCRIBE

Newsletter, Water Alerts, Street Closures, Events

It's easy to keep up to date on Town happenings, subscribe and have alerts come right to your email. Visit the Town website at www.townofpictou.ca, at the top of the main page there is a SUBSCRIBE button, click and follow the instructions.

Festivals, Events, Activities and more

There are several ways to find out what's happening in your community or Pictou County, here are a few suggestions:

- Event calendar on Town website at <https://bit.ly/3TnH8xq>
- Like Town of Pictou on Facebook
- Visit event calendar on Coastal Nova Scotia website at: <https://www.coastalnovascotia.ca/calendar/>
- Follow on Facebook: Things to Do in Pictou County and/or Events Pictou County

For a list of festival and events happening in Pictou scan this QR Code that will take you directly to a calendar. Use the camera on your phone.



➔ **SCAN ME**

Helpful Q & A's

Q: When will my street or sidewalks be plowed?

A: The Town of Pictou website has a document posted that details the Town's Snow and Ice Removal Policy, visit www.townofpictou.ca.

Q: What do I do if my ditch is filled with water/ice?

It is important to note that homeowners are responsible for their own ditch and culvert. This means homeowners will be required to unclog their own culverts and keep their ditch free of any obstruction. This includes snow in the winter, leaves in the fall or other garbage throughout the year.

Q: How do I report a pothole or washout?

A: Contact the Town Office at 902-485-4372 to report a pothole or washout. Please be advised that asphalt plants shut down for the winter months and gravel may be used as a temporary solution. The Town is not responsible for driveway washout or ruts as a result of the drainage on individuals' property.

Q: Can I get gravel, salt or sand from Public Works?

A: No, this is for Town use only. Several local suppliers in the Pictou County area provide this service. Please contact one of them for your material needs.

Q. Where do I pay my water bill and taxes?

A: In the Town Administration office, 40 Water Street, Pictou. Bill payment options include cash, cheque, Paymentus (see Pg.7 for more details), online and telephone banking. Tax billing is twice a year (tax year is April 1-March 31) and water billing is four times a year (subject to change).

Q: Where can I walk indoors in the winter?

A: Hector Arena Monday-Friday 8:30-11:30 am and 1:00-4:00 pm. Donations accepted. Also, there is a Walk and Roll Program for people who use mobility devices at the Pictou Legion on Tuesdays at 1:00 pm; it's free.

Following are the Winter Programs offered by Pictou Recreation and Parks. Pre-registration and payment for all programs are required. Some programs have limited space available in each session. Call for details at 485-4372.

Chair Yoga with Rachael MacLean (6 weeks)

Chair Yoga is an uplifting program for all ages and abilities. This class will invite you to connect with breath and movement to improve your range of motion, flexibility and strength. Every Friday beginning January 17th at the Pictou United Church Hall at 11:00 am. Cost: \$52.50.

Yoga with Rachael MacLean (6 weeks)

Learn the fundamentals of yoga building strength, improve balance, increase flexibility, reduce stress and tension while building overall health. Every Tuesday at 10 am beginning January 14th and/or Wednesday beginning January 15th at 2:00 pm at the Pictou United Church Hall. Cost: \$52.50 once/week and \$95 twice/week.

Walk and Roll (ongoing weekly)

A program designed for those with mobility challenges. We welcome people of all mobility levels - bring any walking aid that you require, such as canes or walkers. If you have a 4 wheeled walker, bring it with you! If you don't have one, wheeled walkers available on site for you to try. When: beginning January 7, every Tuesday at 1pm, Pictou Legion. Free

Pickle Ball (Drop-in)

Mondays, Wednesdays, Thursdays and Fridays at 6:30pm beginning January 3rd at McCulloch Education Centre. Cost \$3.00.

Adult Badminton (Drop-in)

Tuesdays at 6:30 pm beginning January 7th at McCulloch Education Centre and Thursdays at 7:00 pm beginning January 9th at the PA Gym . Join their Facebook page Pictou Badminton Club. Cost \$3.00.



Visit their Community Studio
located at the deCoste
Culture Hub at 99 Water St.
Pictou.

The Creative Pictou County art hub is a home to all things creative and expressive here in our neighbourhoods. We welcome all to join us in the appreciation and creation of art and community in our county. This hub can direct you to events, inspiration, and includes a directory of local talent for those looking to network or hire someone in the creative arts. Check out the website at www.creativepictoucounty.com

Pictou County Coastal Hike Badge

Explore 25km of Pictou County's beaches (9 eligible choices) and you can apply for the NEW Pictou County Coast Badge. For details, visit www.hikenovascotia.ca/programs-hiker-challenge

Winter Walk Day - February 5, 2025

Don't let cold, wind, snow or rain keep you from heading out for a walk. If you dress for the weather and practice winter safety, you're ready to go! Walk, take a picture and tag Pictou Recreation and Parks on social media for a chance to win a prize!



Take the Roof Off Winter - January and February

Recreation Nova Scotia and The Heathy Tomorrow Foundation partner to offer

Take the Roof Off Winter. During the months of January and February watch for contests and activities to celebrate outdoor fun in cold weather. #TTROW

We want you!

Do you have something to teach, certifications, activities or skills you can share? We're looking for interesting programming ideas. Contact sally.oneill@townofpictou.ca



DID YOU KNOW.....

you can borrow recreation equipment for FREE ?

For a complete list visit:

<https://recreation-pictoucounty.hub.arcgis.com/>

Snowshoes, walking poles, ice cleats, cross country skis, push sleds, snow making kit and more. **For details call 902-485-4372**

175th Anniversary New Caledonian Curling Club

Watch for events in February
Interested in curling this winter? New members always welcome. Join a league on Monday, Tuesday or Friday evenings or the Sunday afternoon league. There is also the Industrial League. For further information call Alta Munroe at 902-396-7392.



PICTOU FISHERIES TRAINING POOL

73 Harbour Drive 902-485-5301 aquatics@townofpictou.ca

It's time to look forward to those New Years resolutions and what a better way than to get moving in our pool. Lots of options, you can take in an aqua fitness class or a lane swim, there is no better time to get active and stay active. As we begin the year, make 2025 your year for more physical activity, just one hour a day can make a huge difference in your overall well being. Want to know more, call the pool today.

SWIM FOR LIFE LESSONS

Registration is open for the winter session of swim lessons.

Wednesdays Jan. 8-Feb. 26, 2025

Thursdays Jan. 9-Feb. 27, 2025

Saturdays Jan. 11-Mar. 1, 2025

Adult Swim Lessons Whether you are scared stiff or wish to improve your strokes, this swim instruction session is designed to meet the individual needs of each participant. Tuesdays from 7:30-8:30 pm, beginning January 7th.

Private Adult Lessons during the day: call for details at 902-485-5301.

Membership Benefits

Includes all public swims (family & open) and lane swims.
10% discount on Pro Shop merchandise, 25% discount
on Instructional Programs. Check website for fees.

First Aid Courses Does your business need a First Aid Course? We can come to you or you can come to us. Emergency or Standard First Aid, all levels of CPR and AED training. Next Course Date: TBD

Red Cross Babysitters Course offers basic first aid and care giving skills for youth 11–15 years old. Pre-registration is required. Date: **TBD**

Job Opportunity Are you 15 or 16 years old and looking for a part-time job? Love the water and would like to be a swim instructor and/or lifeguard?? Call us at 485-5301 for more information.



Pictou County Mariners Swim Club

Part of our community for over 40 years.

For youth ages 7 years and up

For inquiries please contact

Email: pcm-president@outlook.com

SUN	MON	TUES	WED	THUR	FRI	SAT
Open for Rental 11:30-1:00pm	Aquafit 9:30-10:30	Aquafit 9:30-10:30	Aquafit9:30-10:30	Aquafit 9:30-10:30	Aquafit 9:30-10:30	Swim Lessons 9:30-12
Family Swim 1-2:30pm	Adult Lane 12-1	Adult Lane 12:00-1:00	Adult Lane 12-1	Adult Lane 12:00-1:00 2:00-3:00	Adult Lane 12-1	Open for Rental 12-1:30
Open for Rental 2:30-4pm		Adult Lane 2:00-3:00		Swim Team 4-5:30		Open for Rental 1:30-3:00
Family Swim 4:00-5:30	Swim Team 4-6:30	Swim Team 4-6:30	Swim Team 4-5:30	Swim Lessons 5:30-7:30	Swim Team 4-6:00	Open for Rental 3-4:30
	Masters 6:30-7:30	Family Swim 6:30-7:30	Swim Lessons 5:30-7:30	Masters 6:00-7:00	Open for rental 6-7:30	Open for Rental 6-7:30
	Aqua Turbo 7:30-8:30	Adult Swim & Lessons 7:30-8:30		Lane Swim/ Aqua Turbo 7:30-8:30	Open Swim 7:30-9:00	Open Swim 7:30-9:00

Drop In Fees

Student/Senior	\$7.50
Adult Swim	\$9.00
Family Swim	\$20.00
Fitness	\$10.00
Sr. Fitness	\$8.50



POOL RENTALS

Let us look after everything for you. We are open for rentals Give us a call for details at 485-5301.

DID YOU KNOW ?

The pool has an accessible universal changeroom available. Also onsite is a hydraulic lift, aqua wheel chair and adaptive life vests; all provide access to the water for swimmers that may require extra support.



2024-2025

FREE SKATE SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
PCWC PARENT & TOT 9:30AM-11:00AM	PCWC PARENT & TOT 9:30AM-11:00AM	PCWC PARENT & TOT 9:30AM-11:00AM	PCWC PARENT & TOT 9:30AM-11:00AM	PCWC PARENT & TOT 9:30AM-11:00AM	THORBURN OPEN 4:00PM-5:00PM	PICTOU OPEN 9:30AM-10:30AM
PCWC ADULT/SENIOR 11:00AM-1:00PM	PICTOU ADULT/SENIOR 10:00AM-11:20AM	PCWC ADULT/SENIOR 11:00AM-1:00PM	PICTOU ADULT/SENIOR 10:00AM-11:20AM	PCWC ADULT/SENIOR 11:00AM-1:00PM		WESTVILLE OPEN 5:00PM-6:00PM
TRENTON ADULT/SENIOR 12:00PM-1:30PM	PCWC ADULT/SENIOR 11:00AM-1:00PM	TRENTON ADULT/SENIOR 12:00PM-1:30PM	PCWC ADULT/SENIOR 11:00AM-1:00PM	TRENTON ADULT/SENIOR 12:00PM-1:30PM		
PICTOU ADULT/SENIOR 1:30PM-2:30PM	PICTOU ADULT/SENIOR 1:30PM-2:30PM	PICTOU ADULT/SENIOR 1:30PM-2:30PM	PICTOU ADULT/SENIOR 1:30PM-2:30PM	PICTOU ADULT/SENIOR 1:30PM-2:30PM		
					PICTOU OPEN 2:30PM-4:30PM	
					TRENTON OPEN 3:00PM-4:00PM	

Hector Arena (Pictou, NS)
Address: 38 Naylor Dr, Pictou, NS B0K 1H0
Phone: (902) 485-5122

Ivor MacDonald Memorial Arena (Thorburn, NS)
Address: 63 Arena Rd, Thorburn, NS B0K 1W0
Phone: (902) 922-2680

Pictou County Wellness Centre (Pictou County, NS)
Address: 2-2756 Westville Rd, Westville Road, NS B2H 5C6
Phone: (902) 755-8870

Trenton Minor Sports Community Centre (Trenton, NS)
Address: 75 Park Rd, Trenton, NS B0K 1X0
Phone: (902) 752-2382

Westville Miners Sport Center (Westville, NS)
Address: 1840 Park St, Westville, NS B0K 2A0
Phone: (902) 396-3677

Please note that schedules may change due to tournaments or events. We recommend checking Rink/Town Facebook pages or contacting the rink to confirm ice availability.

For questions or specific information, please contact the rink directly.

CSA-approved helmets are mandatory at some facilities for all skaters. Check with the facility before going on the ice without a helmet. We also recommend wearing a helmet at all times on the ice

Hector Arena 2025 Skating Schedule

Adult Skate	Mon. Tues., Wed. Thurs.& Fri	1:30-2:30 pm	donation
Adult & Tot	Tues. & Thurs	10:00-11:20 am	donation
Public Skating	Fridays	2:30-4:20 pm	FREE
Family Skate	Sundays		FREE

(For the Sunday Family Skates please check the Hector Arena & Canteen facebook page as times vary each week and may be cancelled due to hockey). **Free skates are sponsored by community partners.**

Indoor Walking at the Rink

The cooler weather is upon us, continue your walking routine at the Hector Arena inside Monday to Friday, 8:30-11:30 am & 1:00-4:00 pm. Why not drop by with a friend? Donations accepted.

Skate sharpening available. For info call the Hector Arena at 485-5122. **Helmets are now mandatory for everyone.**

Please Note: Skating schedules are subject to change without notice due to special events or tournaments. Please call ahead to confirm or check out their Facebook page.

Pictou West Food Bank

The Pictou West Food Bank provides food assistance for families and individuals covering Pictou West including the Town of Pictou, out towards Saltsprings and River John. Supplies and donations are always welcomed; drop off at 16 Twining Street, Pictou. Hours: Monday, Wednesday, Friday 1:30 pm-3:00 pm.

DID YOU KNOW? There is a KINDNESS METER located outside of the Pictou Post Office, all donations go to the Pictou West Food Bank, a project of the Rotary Club of Pictou.



Royal Canadian Legion 902-485-5790

The Royal Canadian Legion Branch 16 in Pictou is located on Veterans Drive. Besides offering support and social activities for Veterans of the Armed Forces, the Legion supports the local cadets, the food bank, 4H, the local Fire Department, Lobster Carnival, Walk and Roll Program for Seniors, weekly Monday night Bingos and bursaries for students. To keep up to date on activities and events check our Facebook page Branch 16 Pictou Legion. We are always looking for new members and encourage you to visit and see what we have to offer.



VOLUNTEER OF THE YEAR

Now is your chance to recognize an outstanding volunteer in our community. Nominations for Pictou's Volunteer of the Year Award will open in mid February. National **Volunteer Week is April 27-May 3, 2025**. Application forms will be available at the Pictou Recreation & Parks office or can be downloaded from the Town website. Deadline for nominations is April 1, 2025.

Winter Carnival Frost Fest February 21-24, 2025



Take the Roof Off Winter with some February fun at the Pictou Frost Fest. Activities and events all weekend long for all ages and abilities. Watch Town website / Facebook for list of activities.

Murray Family (Pictou) Public Library

Open Hours

Monday: 10:00am - 5:00pm

Tuesday – Thursday: 10:00am - 8:00 pm

Friday - Saturday: 10:00am - 5:00pm Sunday: Closed

A 24 hour book drop is available near the rear entrance of the Library.

All library programs are offered free of charge, although space is limited; please call the Library for more information, and to register 902-485-5021.

Regular library programs are offered throughout the year from September to June. Over the summer months, special programming (such as the Summer Reading Clubs for children) is offered.

In addition to regular library programs and events join us for workshops, presentations and evening seminars on a variety of topics. Some of our special programs include, family movies, puppet shows, Summer Reading Clubs for kids, numerous author readings and book signings.

The Pictou Library now has community space available for groups, contact the library for details.

Pictou Library also includes the Bud White Collection. A unique collection of various materials relating to the history of Pictou County and Nova Scotia in general. Local historical material is regularly being digitized and can be found online at NovaStory.ca

For full program information, check out their website at:
<https://www.parl.ns.ca/locations/pictou.php>



**Pictou-Antigonish
Regional Library**



The deCoste Performing Arts Centre has long been a cherished gathering place for Pictou County and Northern Nova Scotia residents. The 400 seat facility features a state-of-the-art sound, video and lighting system. Flexible, non-fixed, seating makes it also a great location for conferences, meetings, special events, weddings and so much more.


deCoste

**PERFORMING
ARTS CENTRE**

The latest expansion and upgrades prioritize creating barrier free environment to welcome the entire community. The new facility now boasts external and internal ramps, mechanical lifts, barrier free washrooms and an enhanced hearing assist system, among other improvements. To further this commitment, they have launched the Arts for All program, designed to eliminate barriers for those with physical, social and economic barriers. Community is encouraged to contact the deCoste team to discuss needs and ideas. The winter line up of performances promises to be one to remember. **For full details on upcoming shows visit their website at www.decostecentre.ca.**

Winter Guided Night Walks

Hosted by Municipal Physical Activity Leaders (MPALs) of Pictou County

In Partnership with  **HIKE**
NOVA SCOTIA

January 15, 2025
6:00pm @ Jitney Trail
(Pictou)

January 29, 2025
6:00pm @ Samson Trail
(New Glasgow)

February 12, 2025
6:00pm @ Trenton Park

February 26, 2025
6:00pm @ Acadia Park
(Westville)

March 12, 2025
6:00pm @ Roy Island Loop
(Little Harbour)

For additional details and registration instructions, please visit www.hikenovascotia.ca/programs-guided-walks/



Pictou County Community Health Centre Opens

The new Pictou County Community Health Centre—a welcoming space in downtown Pictou focuses on addressing health needs beyond medical care - will open in January. With a community health worker, program developer, and partnerships like Virtual Care @ Your Library, this Centre is dedicated to meeting people where they are and connecting them to the resources they need.

What began as a grassroots idea around a kitchen table in 2018 has grown into a collaborative effort to improve health care options for Pictou County. The result is a space at 25B Front Street that will help people access the care and resources they need to live healthier lives.

The staff in this photo are (left to right): Lynn Langille, Program Developer; Susan MacConnell, Executive Director; Pam Izzard Hillier, Community Health Worker; and Melissa Marshall, PARL's Virtual Care Technician. Together, and led by a community-governed expert Board of Directors, they will support a strong foundation for the Community Health Centre to grow and adapt to the evolving needs of the community.

For information email chw@pictoucountyhc.ca.

Read more: aberdeenhealthfoundation.ca/news/PC-CHC





144 Construction Engineering Flight Pictou (144 CEF) is part of the Air Reserve program of the Canadian Armed Forces. They provide full-time training and employ members part-time in the following trades:

- Construction Technician
- Plumbing and Heating Technician
- Electrical Distribution Technician
- Electrical Generating Systems Technician
- Refrigeration & Mechanical Systems Technician
- Water, Fuels & Environment Technician

For more information on 144 CEF Pictou Co., visit:

[Facebook Page](#)

[Canadian Armed Forces](#)

Contact Information:

237 Welsford Street, Pictou, NS, B0K 1H0

Flight Commander: 902-485-1069 ext. 225

Recruiting Officer: 902-485-1069 ext. 235/228



MENTAL WELLNESS & EARLY INTERVENTION PROGRAM



FORBOW is a research program from Dalhousie University and Nova Scotia Health now offering services in **Pictou County**. We work with families to prevent the cycle of mental illness through early detection and intervention.

Enrolment is open to **ALL NOVA SCOTIAN FAMILIES** with children aged 9–24, especially those with a family history of mental illness.



ANNUAL MEETINGS

Talk with our team, answer questions, & complete activities.



TIME COMMITMENT

3–5 hours per visit, including breaks.



ONGOING SUPPORT

Regular follow-ups to monitor & support wellbeing.



PREVENTION & SUPPORT

Focus on supporting positive mental wellbeing in youth.



PEACE OF MIND

Regular attention to your child's mental health as they grow.



ACCESS TO INTERVENTIONS

Potential eligibility for additional studies or our **TIDE** intervention program if needed.

Learn more and find out if your family is eligible to participate!

forbow.org/pictoucounty

FORBOW New Glasgow Office
690 East River Road, New Glasgow, NS
902-752-7600 x 3714

