



**SEPTEMBER  
15-17, 2023**

**Hector Heritage Quay  
Pictou, NS**

**HECTOR 250**

1773-2023 • PICTOU, NS

**Ship Hector Tours  
Gaelic Language and  
Culture  
Indigenous Music and  
Culture  
Hector 250 Ceilidh  
Hector Tattoo  
Bluenose II in port  
Sailing Regatta  
Church Services  
The Voyage Play  
Pipebands**



Ship Hector/facebook  
Follow us on Facebook for updates



town of  
**PICTOU**  
*Birthplace of New Scotland*

**Newsletter**

Keeping Our Community Connected

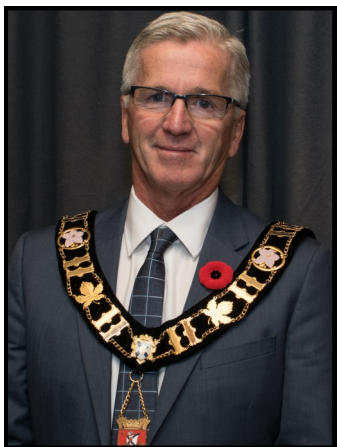
**FALL 2023**



Issue: 25

**A History Shared. A Future Together.**

**[www.townofpictou.ca](http://www.townofpictou.ca)**



Greetings!

It's hard to believe that summer 2023 is rapidly coming to an end. I wish to thank all those responsible for the planning and execution of the many events celebrating the Town's 150<sup>th</sup> anniversary of incorporation and the 250<sup>th</sup> anniversary of the arrival of the Ship Hector to our shores.

The success of the 'Pictou 2023' festivities is the result of extensive collaboration by the Ship Hector Society, deCoste Centre for Arts and Creativity, the local business community and many residents and friends of our Town.

The Caladh Marquee on the waterfront, by all accounts, has been a great success with hundreds of music lovers flocking to the waterfront venue on most evenings to enjoy the wide variety of free first class entertainment. The downtown has been busy and the Love Local Vendors Village provided a relaxing place for both residents and visitors to unwind and enjoy the fresh air and beautiful water vistas.

The implementation of our Pictou Waterfront Plan is showing progress with movement on a number of the larger and smaller components. Now that funding has finally been secured, work on the deCoste Centre expansion, including the new state of the art library, is well underway. We are anxiously looking forward to the 2024 completion of this modern gathering place for the citizens of Pictou West.

Work on the 2023-24 budgeted water and road improvements is proceeding as planned. Although late starting, projects are expected to be completed by the end of November. A number of this year's capital improvements have been designed to provide increased safety for both pedestrians and motorists. Others will continue to increase capacity and confidence in the Town's drinking water, stormwater and wastewater treatment systems.

As autumn quickly comes into focus, and we re-establish the associated routines, I encourage everyone to take advantage of the many opportunities for exercise and enjoyment outlined in the following pages. Wishing you 'all the best' for a safe and relaxing fall season!

Yours truly,  
**Mayor Jim Ryan**



## Schedule of Events

### THURSDAY, SEPTEMBER 14

Bluenose II visit in port for deck tours at Pier C

7:30pm Voyage A Journey of Hope at the Caladh Marquee

### FRIDAY SEPTEMBER 15

Bluenose II in port for deck tours

11:00am—Opening Ceremonies follow by opening of Ship Hector decks; Pipebands & Entertainment onsite

2:00pm—Re-dedication of Hector Pioneer Monument at Market Square, reception following

**FOR FULL DETAILS ON HECTOR 250 EVENTS PLEASE VISIT THE SHIP HECTOR FACEBOOK PAGE OR WWW.PICTOU2023.COM**

### SATURDAY, SEPTEMBER 16

Bluenose II in port for deck tours

Pictou Yacht Club Regatta

10:00am—Hector Site Opens for tours all day  
 Todd & Melissa Labrador with canoe building demonstrations  
 Blacksmith Demonstrations

10:00am—Taigh Ceilidh, Gaelic Events at New Horizons Club All Day

1:00pm—Voyage A Journey of Hope at the Caladh Marquee

7:30pm Hector 250 Ceilidh

### SUNDAY, SEPTEMBER 17

10:00am—Hector Site Opens  
 10:30am—Worship with a Celtic Flair, Pictou United Church  
 2:00pm—Hector 250 Tattoo  
 7:30pm—Voyage A Journey of Hope at the Caladh Marquee



**McCulloch House**  
MUSEUM & GENEALOGY CENTRE

**PICTOU COMMUNITY NEW  
HORIZONS CLUB**

## September 250th Hector Celebration Events

<b>September 9-10</b>	Ship to Shore Genealogy & Local History Conference—Wellness Centre
<b>September 10</b>	Loch Broom Church Service
<b>September 11</b>	Historic Kiosk Bus Tour
<b>September 12</b>	Alma Cemetery Tour
<b>September 13</b>	Artist and Craft Demo with Carolyn Vienneau Music by Mike Vienneau at New Horizons Club
<b>September 14</b>	Author Readings
<b>September 14</b>	Pioneer Cemetery Tour—New Glasgow
<b>September 15</b>	Rededication of Hector Pioneer Monument
<b>September 15</b>	Descendants & Friends Banquet—New Glasgow
<b>September 15-16</b>	Northumberland Quilt Guild Show & Sale St. Andrews Church
<b>September 16</b>	Scottish Afternoon Tea—First Presbyterian Church
<b>ONGOING</b>	The Ties that Binds Us Exhibit at McCulloch A 2023 Celebration Exhibit until September 30 House Museum and Genealogy Centre

### OTHER COMMUNITY EVENTS

<b>September 8</b>	United Way Harbour Swim
<b>September 8</b>	Cruise Ship Visit
<b>September 10</b>	Nick 4 Mental Health Walk to Remember Jitney Trail
<b>September 10</b>	The Mom Market, Caladh Marquee, 10-2pm
<b>September 20-23</b>	Nova Scotia 55+ Games Pictou County
<b>September 18</b>	Cruise Ship Visit
<b>September 24</b>	Terry Fox Run, Jitney Trail
<b>September 30</b>	Cruise Ship Visit
<b>September 30</b>	Unveiling of Legacy Public Artwork and Truth and Reconciliation event

For details on events listed please visit: [www.pictou2023.com](http://www.pictou2023.com)

## Your Town Council

### Mayor Jim Ryan

Phone: 902-485-8748

Email: [jim.ryan@townofpictou.ca](mailto:jim.ryan@townofpictou.ca)

### Deputy Mayor Melinda MacKenzie

Phone: 902-921-3137

Email: [melinda.mackenzie@townofpictou.ca](mailto:melinda.mackenzie@townofpictou.ca)

### Councillor Dan Currie

Phone: 902-754-0763

Email: [dan.currie@townofpictou.ca](mailto:dan.currie@townofpictou.ca)

### Councillor Nadine LeBlanc

Phone: 902-485-1839

Email: [nadine.leblanc@townofpictou.ca](mailto:nadine.leblanc@townofpictou.ca)

### Councillor Shawn McNamara

Phone: 902-485-5260

Email: [shawn.mcnamara@townofpictou.ca](mailto:shawn.mcnamara@townofpictou.ca)

## Meetings

### Committee of Council Meetings

Meets on the first Monday of each month except on holidays.

### Regular Town Council Meetings

Meets on the third Monday of each month except on holidays.

### Pictou Recreation and Parks Committee

Meets on the last Wednesday of each month.

All meetings take place in Council Chambers at 71 Front Street, former CN Train Station. All meetings are open to the public. Minutes of meetings are posted on the Town website.

**NOTE:** Meeting dates may change. Please check website for changes or call the Town Hall at 902-485-4372.

[www.townofpictou.ca](http://www.townofpictou.ca)

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**Dog Control:** Contact the Town Office at 902-485-4372. For emergencies contact the RCMP at 911.

**Unsightly Property/Miscellaneous Complaints:** Contact the Town Office at 902-485-4372.

**Street Light Outages:** Contact the Town of Pictou at 902-485-4372.

**Tax Billing:** Billed twice a year (tax year is April 1-March 31).

**Water Billing:** Billed four times a year - January, April, July and October (subject to change).

**Bill Payment Options:** Cash, debit, cheque, Paymentus and online banking; payments made at Town Administration Office at 40 Water St.



**VISIT A LOCAL MUSEUM**

**Northumberland Fisheries Museum**

902-485-8925  
www.northumberlandfisheriesmuseum.com

Open by appointment as well as during the Hector 250 celebrations!! Check the Facebook page on the events. Thank you for an amazing season !



**Hector Heritage Quay**

902-485-4371  
Open until October 12; 10am-4pm, closed weekends  
shiphectortoursandevents@gmail.com  
www.shiphector.ca

New volunteers always needed, sign up and come on board!! Keep watch for updates on the Ship Hector Retrofit Project.



**McCulloch House Museum and Genealogy Centre**

902-485-4563  
The McCulloch Genealogy Centre is open year round from Monday to Friday. The McCulloch House Museum is open from May to October. Our winter hours are 10:00 am to 4:00 pm Monday to Friday. Spring to fall hours are 10:00 am to

5:00 pm. The McCulloch House Escape Room is open year by appointment and weather permitting; try our newest escape room, "Whispers from the Past". Visit [www.mccullochcentre.ca](http://www.mccullochcentre.ca) for more information and to book a time slot.



*Come Together*

UPCOMING EVENTS

September 21	La Fiammata
September 23	Blushing Bride
September 29	Valdy
October 1	Bochans and a Birthday
October 11	Evans & Doherty
October 12	Noel Wan
October 14	Garnet Rogers
October 19	Murray McLauchlan
October 20	Bruce Cockburn
October 22	Rockey Mountain High Experience
October 26	Jimmy Rankin
November 1	Ron James
November 14	Stick & Bow
November 15	Chantal Kreviazuk and Raine Maida
November 19	Danny Michel & Steve Poltz
November 20	Crash Test Dummies
November 23	Classic Seger
December 7	Christmas in Cape Breton
December 9	Lennie Gallant
December 22	A Gunning & Cormier Christmas

PLEASE NOTE: While we're under construction with the addition of the Pictou Library and expansion of the deCoste, our shows will be held at various locations.



Tickets & Info: [www.decostecentre.ca](http://www.decostecentre.ca)  
(902) 485-8848 1-800-353-5338

25B Front Street, Pictou, NS B0K 1H0

Box Office Hours: Monday to Friday 10:00 am-4:00 pm

**Administration Office,  
Town Hall**

Hours Open  
8:30 am-4:30 pm  
Closed Stat/Civic  
Holidays

40 Water Street  
PO Box 640,  
Pictou, NS  
B0K 1H0  
Ph: (902) 485-4372  
Fax: (902) 485-8110

Email:  
[info@townofpictou.ca](mailto:info@townofpictou.ca)

**Public Works**

Ph: (902) 485-5390

**Pictou Fire Department**

Emergency 911  
Fire Hall (902) 485-4136

**Pictou Recreation  
and Parks**

Ph: (902) 485-4372

**Pictou Recreation  
Aquatics**

73 Harbour Drive  
PO Box 640  
Ph: (902) 485-5301  
Fax: (902) 485-6087  
Email:  
[aquatics@townofpictou.ca](mailto:aquatics@townofpictou.ca)

**FOLLOW PICTOU ON  
FACEBOOK AND  
INSTAGRAM**

**Town of Pictou  
Administration Directory**

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**Sally O'Neill** Ext. 256  
Manager of Recreation Services  
[sally.oneill@townofpictou.ca](mailto:sally.oneill@townofpictou.ca)

**Wayne Robinson**  
Fire Chief  
[wayne.robinson@townofpictou.ca](mailto:wayne.robinson@townofpictou.ca)



Birthplace of New Scotland



## Call for Citizens Applications

The Town of Pictou is inviting citizens to apply to serve on the following committees:

### **TOWN OF PICTOU BUSINESS ADVISORY COMMITTEE**

The terms of reference are being drafted for this new committee that is replacing the Business and Marketing Society. The committee will provide advice and guidance on business matters. More details to come.

### **TOWN OF PICTOU PARKS & RECREATION COMMITTEE**

The committee operates pursuant to the Pictou Recreation and Parks Committee Policy. The major focus areas include planning and organizing special community events and serving as an advisory group to Council on recreation service delivery.

### **TOWN OF PICTOU CLIMATE CHANGE/SUSTAINABILITY COMMITTEE**

The terms of reference are being drafted for this new committee. The major focus is expected to centre around providing advice on prioritization and implementation of climate change actions; and how the Town can most effectively concentrate resources to improve sustainability.

### **TOWN OF PICTOU POLICE ADVISORY COMMITTEE**

The committee operates pursuant to provisions of the Nova Scotia Police Act. Its function is to provide advice to Council in relation to the enforcement of law, the maintenance of law and order, and the prevention of crime within the Town of Pictou by ensuring community needs and values are reflected in priorities. Members must pass the appropriate RCMP criminal check and be willing to take training provided by the Nova Scotia Department of Justice.

If you are interested in volunteering for one of the committee positions, please forward a brief biography outlining related experience to the undersigned on or before **October 16, 2023**.

Nicole MacDonald  
Deputy Clerk, Town of Pictou  
PO Box 640, 40 Water Street, Pictou, NS B0K 1H0  
D: 902-934-1061  
nicole.macdonald@townofpictou.ca



Pictou-Antigonish  
Regional Library

### ***Continued:***

(Online); Radon Detectors/iPads( for use in Library); eBooks; Audiobooks; Digital Magazines & Newspapers; Rocket Languages (online only); LinkedIn Learning (Online); WiFi; Desktop computers; Chilton Auto Repair (Online); Snowshoes; Newspapers.

### **Also available to borrow with your library card:**

**Play Packs** - Play Packs are kits with books & play equipment (skipping ropes, balls, scarves, a rubber chicken & more!)

**Nordixx Walking Poles** - Walking poles that improve cardio respiratory function; low impact activity and great way to improve overall fitness.

**Celestron Firstscope Telescope** – a great opportunity for families to check out the night sky.

### **Pictou West Food Bank**

The Pictou West Food Bank provides food assistance for families and individuals covering Pictou West including the Town of Pictou, out towards Saltsprings and River John. Supplies and donations are always welcomed; drop off at: 16 Twinning St., Pictou  
Hours: Monday, Wednesday, Friday 1:30 pm-3:00 pm

**DID YOU KNOW: there is a KINDNESS METER located outside of the Pictou Post Office, all donations go to the Pictou West Food Bank, a project of Pictou Rotary Club**



**Royal Canadian Legion**  
**902-485-5790**

The Royal Canadian Legion Branch 16 in Pictou is located on Veterans Drive across from the Sobeys Plaza. Besides offering support and social activities for Veterans of the Armed Forces the Legion supports the local cadets, the food bank, 4H, the local Fire Department, and bursaries for students.

**Pictou Library & Innovation Centre**  
**Fall Program Schedule, All Library Programs are FREE**  
 Call to register, space is Limited. 902-485-5021

**Toddle Time on Zoom-** for children ages 18 months to 3 year olds every Tuesday morning at 10:30 am. Rhymes, fingerplays, songs, and stories to help children and their parents/caregivers interact to make learning fun. Please call 902 485-5021 or drop in to register

**ABC's for Babies on Zoom** - every Thursday morning at 10:30 am. This program is an excellent opportunity for moms, dads, caregivers and newborns up to 18 months to get together to share and interact with nursery rhymes, songs and fingerplays. Please call 902 485-5021 or drop in.

**Thursday Book Club on Zoom**– On the fourth Thursday of each Month. New members welcome. Call the library 902 485-5021 or drop in to register.

**Thursday Book Club in person** - On the second Thursday of each month. New members welcome. Call the library 902-485-5021 or drop in to register.

Introducing **“Indestructibles for Babies”** - A revolutionary new baby book invented by a mother of triples who wanted to share books with her babies, hassle-freee. Water-proof, tear-resistant and baby-durable.

**“Take & Makes” for children** are always available. Drop in & pick up some fun activities that you can do at home. All supplies are provided in the kits except for glue, crayons & scissors.

**Scavenger Hunts** – Drop in anytime & explore the Library for theme-based objects. After you have found them all, pick up a “free book” from the Adopt- a Library Literacy program.

**Other collections & services available at your library:**  
 Genealogy Assistance & Ancestry.ca (in library); Scanning;  
 Photocopying & Printing; Wireless Printing; Tumblebooks

**As Fire Prevention Week approaches,**  
**Pictou Fire Department reminds residents:**  
**“Cooking safety starts with YOU.**  
**Pay attention to fire prevention.”**

The Pictou Fire Department is teaming up with the National Fire Protection Association® (NFPA®) — the official sponsor of Fire Prevention Week™ (FPW) for more than 100 years — to promote this year’s FPW campaign, “Cooking safety starts with YOU. Pay attention to fire prevention™.” The campaign works to educate everyone about simple but important actions they can take when cooking to keep themselves and those around them safe.

Cooking is the leading cause of home fires and home fire injuries in Canada. “Year after year, cooking remains the leading cause of home fires by far,” said Lorraine Carli, vice president of outreach and advocacy at NFPA. “This tell us that there is still much work to do when it comes to educating the public about ways to stay safe when cooking.”

The Pictou Fire Department encourages all residents to embrace the 2023 Fire Prevention Week theme, “Cooking safety start with YOU”, said Chief Wayne Robinson. “A cooking fire can grow quickly. I have seen many homes damaged and people injured by fires that could easily have been prevented.”

The Pictou Fire Department offers these key safety tips to help reduce the risk of a cooking fire.

- Watch what you heat. Always keep a close eye on what you are cooking.
- Set a timer to remind you that you are cooking.
- Turn pot handles toward the back of the stove. Always keep a lid nearby when cooking. If a small grease fire starts, slide the lid over the pan and turn off the burner.
- Have a “kid- and pet-free zone” of at least 3 feet (1 meter) around the stove or grill and anywhere else hot food or drink is prepared or carried.

The Pictou Fire Department is hosting a series of events in support of this

year’s FPW campaign and is proud to celebrate 190 years of service in the Town of Pictou. Events will include the annual school and daycare visits, and participation in the Pictou County Fire Prevention parade.

To find out more about FPW programs and activities in the Town of Pictou, visit the official Pictou Fire Facebook Page <https://www.facebook.com/profile.php?id=100063767220112> or please contact the Pictou Fire Department (Chief Wayne Robinson) at [wayne.robinson@townofpictou.ca](mailto:wayne.robinson@townofpictou.ca) / 902-396-8731.

For more general information about Fire Prevention Week and cooking safety, visit [www.fpw.org](http://www.fpw.org). For fire safety fun for kids, visit [sparky.org](http://sparky.org).



This year’s poster is inspired by the thousand of athletes that gathered in July in Mi’kma’ki for the 2023 North American Indigenous Games.

**OCTOBER 2023**

For more information visit <https://mikmaqhistorymonth.ca/>

<b>Upcoming Dates to Remember</b>	
October TBA	Hydrant flushing; expect low pressure
November 15	Leaf Pick Up - Pictou County Solid Waste
December 15 - April 15	Parking ban will be enforced

- Sparks Age 5-6
- Brownies Age 7-8
- Guides Age 9-11
- Pathfinders Age 12-14
- Rangers Age 15-17

**Pictou Girl Guides**

Register at [girlguides.ca](http://girlguides.ca); for further info email: [ns-pictoudc@district.girlguides.ca](mailto:ns-pictoudc@district.girlguides.ca)  
 Starting September 17th  
 Sparks/Embers 6:00-7:00 pm  
 Guide/Pathfinders/Ranger 6:00-7:30 pm  
 First Presbyterian Church Hall  
 We have opportunities for adult volunteers as well.

**Art Classes with Carolyn Vienneau**

Art Classes in oil or acrylic with Carolyn Vienneau at Strokes of Colour Art Studio, 8 Irving Street. For more info: [carolynvienneau.com](http://carolynvienneau.com) or call 902-485-5005/902-759-3771.



**PICTOU COUNTY COAST HIKING BADGE**

Experience the beauty of Pictou County's scenic coastlines by embarking on exciting hikes and beach walks! Pictou County has many breathtaking beaches and incredible trails that run along the coast of the Northumberland

Strait and other coastal water areas. Everyone is encouraged to explore these natural wonders and earn the Pictou County Coastal Badge. Simply hike a total of 25km along any of the nine identified coastal trails and beach walks within a year.

This badge is a partnership with the Town of Pictou and the Municipality of Pictou County. Scan the QR code to download and print your own Pictou County Coast Badge Tracking sheet. You are not required to submit this sheet; it serves as a tracker for you to conveniently record and monitor the kilometers you have walked.

If you have not already completed the original Pictou County Hiker Badge, please do so! You can view the badge here: <https://hikenovascotia.ca/filemanager/files/PictouCountyBadge-Description.pdf>. After you’ve finished your challenge, apply to receive your badge here: <https://www.hikenovascotia.ca/programs-hiker-challenge/#id=158&cid=1331&wid=3101>



Active Pictou County is a collaborative partnership between the Town of Pictou and the Municipality of Pictou County dedicated to promoting and encouraging physical activity opportunities and incentives throughout all of Pictou County. With the mission of fostering a healthier and more active community, Active Pictou County strives to connect individuals, organizations, and businesses passionate about physical activity. Follow or like the Active Pictou County Facebook page and discover the endless opportunities and incentives Pictou County has to offer!

**Leighton Hayden**, Coordinator

### Hector Arena Opening Mid-October

For further information on skating/rentals/parties call the Hector Arena at 485-5122 or email [hectorarenamanager@gmail.com](mailto:hectorarenamanager@gmail.com)

**A full schedule of skate times for the season can be found on the Town website at [www.townofpictou.ca](http://www.townofpictou.ca).**

### New Caledonian Curling Club

The club will be starting in November 2023, with a full range of activities to suit all ages: junior, mixed adult and industrial league. There are also fun spiels throughout the season. Qualified instructors are on hand to give assistance. Watch for opening week and beginners instruction nights. The club room and ice surface are also available for rental. For details or further information call Alta at 396-7392.

### Kids Sewing Base

Sewing classes for kids ages 6 & up. 1 hour per week is \$15.00. For more information: find KSB on Facebook or call 902-485-1646.

### Modern Line Dancing

Variety of music: Latin, Pop, Country, Classic  
Like to dance? Great exercise for body and brain

**Classes: 2 Levels - Beginner** - Wed—Fri. 10:15-11:15am  
**Improver** - Mon. - Wed. & Fri. 9:00-10:00am  
\$2.00 a class

**Where:** Stella Maris Hall, Denoon Street

**Instructor:** Jill MacDonald

For information and to register email [bjmacd123@gmail.com](mailto:bjmacd123@gmail.com)

### Welcome to Wayne Robinson, Fire Chief, Pictou Fire Department



Being born and raised in Cape Breton it didn't take much convincing when the opportunity to move back East arose in 2021. After living and working in Ontario for 26 years, it just feels right to call Nova Scotia home again. Landing in Pictou was all by chance, but after being here for two years, we are

certain it is the right place for us. Together with my wife for over 20 years, I have been blessed with five beautiful children, three sons and two daughters. Of my life spent in Ontario, 19 of those years were on our local volunteer fire department, holding positions of firefighter, Captain, & Deputy Chief.

When we made the decision to move, a home close to a volunteer station was a must, firefighter is something I love, and wanted to continue with. I am very proud to be the Chief of the Pictou Fire Department and you should know, you have a very dedicated and capable team ready to serve whenever needed.



### Welcome to Sally O'Neill, Recreation Manager

Sally O'Neill has joined the Town of Pictou permanently as our new Recreation Manager. Sally is a familiar face at Town Hall, working for many years on trail development and active living initiatives through Active Pictou County a partnership with Province's Municipal Physical

Activity Leadership program. She is a certified Canadian Parks and Recreation Professional and a graduate student (distance) at the University of Alberta's Kinesiology, Sport and Recreation Faculty, working on a Master of Arts in Recreation and Leisure Studies. Sally's passion for community building and active living, combined with her background in music and the performing arts brings a unique and exciting perspective to the recreation department.



### *Welcome to Leighton Hayden, MPAL*

We are pleased to welcome Leighton Hayden to our team in a shared position with our neighbours, the Municipality of Pictou County. The Municipal Physical Activity Leader (MPAL) is a partnership between the Municipality of Pictou County and Town of Pictou with support from Nova Scotia's Department of Communities, Culture, Tourism and Heritage. In this job, Leighton

will be focused primarily on active transportation and trails. Leighton has a Bachelor of Recreation and Sport Studies Management degree from the University of New Brunswick and many years in the sport and recreation field, professionally and personally. We're excited to work with Leighton in this new role!

## EVERYONE GETS TO PLAY

Below are highlights of funding programs available for youth to participate in recreation, sport and entrepreneurship. A full list of more funding sources is found at [www.townofpictou.ca/funding](http://www.townofpictou.ca/funding)

**JumpStart** - Canadian Tire Foundation for Families has created a community based charitable program to get children active called "Canadian Tire JumpStart". This program delivers assistance to financially disadvantaged children so they have the opportunity to participate in recreational activities and organized sport.

**KidSport** (offered through Sport Nova Scotia) - Assists children by overcoming financial barriers which prevent or limit their participation in organized sport. [www.sportnovascotia.ca/kidsport](http://www.sportnovascotia.ca/kidsport)

**Jax Mac Foundation** - The Jax Mac Foundation was created to carry on the legacy of Jaxon MacDonald by providing youth the exposure to experiences and opportunities that provide them ways to learn about themselves and expand their horizon. The grants have been created to further Jaxon's legacy by helping young ambitious individuals gain valuable experience and opportunities through their passion in sports, entrepreneurship and travel. Apply online at [www.jaxmacfoundation.com](http://www.jaxmacfoundation.com).

## Town of Pictou and Municipality of Pictou County Active Transportation Plan

The Town of Pictou and Municipality of Pictou County are excited to announce the development of their collaborative Active Transportation (AT) Plan. This plan will be important to enhance AT connectivity within the town and rural communities, ensuring improved accessibility that will be healthy, safe, and equitable for all residents. A focused and well-structured approach to AT development within the town and county would cater to the needs of visitors, tourists, physically active residents who utilize AT infrastructure for fitness and leisure purposes, individuals who choose not to drive, and, it would provide safe and high-quality opportunities for vulnerable residents who may lack alternative means of transportation.

A well-structured approach to AT development starts here with this AT Plan. When called upon, we will want to hear from residents, stakeholders, and community champions to ensure that all voices, concerns, and opinions are heard. Community input sessions, online surveys, and other data collection methods will be planned and scheduled for all to have the opportunity to be heard.

We're excited to formally announce this project and invite everyone to stay informed about the AT Plan's progress by visiting our official website and engaging with us on social media.

Should you have any inquiries about the Town of Pictou and Municipality of Pictou County Physical Activity Strategy, please contact Leighton Hayden, Municipal Physical Activity Leader (MPAL), Town of Pictou and Municipality of Pictou County, at [leighton.hayden@townofpictou.ca](mailto:leighton.hayden@townofpictou.ca) or by calling the office at (902) 485-4372. Your interest and engagement are greatly appreciated as we collectively work toward a healthier, more active community.

**Did You Know.....you can follow the  
Town of Pictou on Facebook**



## Town of Pictou and Municipality of Pictou County Physical Activity Strategy

The Town of Pictou and Municipality of Pictou County, along with consultants UPLAND Planning+Design have been working to develop an exciting new Physical Activity Strategy for both communities. This is a huge asset to each community and provides insights on how to get all residents moving more and sitting less. This strategy will make physical activity more accessible by helping to change the way we think about movement and emphasizing less structured activities. We want to reach residents in places where they spend most of their time, like where they live, work, study, or play.

Throughout 2022, community input has played a pivotal role in shaping this strategy. The Town of Pictou and Municipality of Pictou County hosted an online survey to gather feedback from the public on the current state of physical activity in Pictou and Pictou County. This online survey looked at questions such as: What types of physical activity/movements fit best into your daily lifestyle? What supports would you need to reduce health and mobility barriers? What motivates you to be physically active/move more? What added physical support would encourage you to walk more? How would you rate your community on how it makes accessing physical activity options available to you?

Guided by the insights collected from the online survey, along with numerous supporting documents, Provincial Plans (including the Shared Strategy for Advancing Recreation in Nova Scotia and Let's Get Moving Nova Scotia), and Engage Nova Scotia data, an evolving Physical Activity Strategy is taking form. This future strategy is poised to outline a forward-looking vision for physical activity within the Town of Pictou and the Municipality of Pictou County. We hope this strategy will encourage residents to move more, sit less, and enhance their overall quality of life.

As of now, the Physical Activity Strategy is still in its development phase. To keep up with its progress and eventual public release, we encourage you to regularly check our official website and social media platforms.

Should you have any inquiries about the Town of Pictou and Municipality of Pictou County Physical Activity Strategy, please contact Leighton Hayden, Municipal Physical Activity Leader (MPAL), Town of Pictou and Municipality of Pictou County, at leighton.hayden@townofpictou.ca or by calling the office at (902) 485-4372. Your interest and engagement are greatly appreciated as we collectively work toward a healthier, more active community.

## Want to have a bonfire in your yard?

### Things to consider:

- ⇒ Must use an acceptable fire pit (usually a CSA approved appliance, that needs to have a spark arrestor or metal mesh screen)
- ⇒ Only burn seasoned wood or charcoal in the appliance
- ⇒ Appliance must be a minimum of 25ft from any other flammable structure, combustible material or property line
- ⇒ The fire shall not create a nuisance (only use seasoned wood)

Check before you burn at <https://novascotia.ca/burnsafe/>

Have more questions? Read the official Town Outdoor Fire By-law here: <https://www.townofpictou.ca/.../Outdoor-Fire-By-law>.

### If you have a dog, did you know that:

- ⇒ they need to be registered with the Town Office;
- ⇒ they need to be kept on a harness or leash while off the owner's premises;
- ⇒ they cannot persistently disturb the quiet of the neighbourhood by barking or howling;
- ⇒ as the owner, you must remove and dispose the dog feces in all public places including streets and sidewalks.

### Attention Horse Owners:

As a courtesy to walkers, bikers and homeowners, we're asking all horse owners to please pick up after your animals droppings on the streets.

## Fall Leaf Collection Program 2023

Pictou County Solid Waste will be collecting leaves during the regular garbage collection day on **November 15th** in Pictou. All residents are encouraged to ensure that your leaves are in clear or orange bags; there is **no limit to the number of bags**.

### **NOTICE: Brush and Leaf Disposal** **October 14-November 14, 2023**

The Town is reminding Pictou residents that brush and leaves (**ONLY**) disposal is available behind the Public Works Garage.

Monday-Thursday 8:30 am-3:00 pm

Friday 7:00 am-1:00 pm

The Town is asking residents to refrain from dumping any other items including lumber and C&D material. These materials pose risks to the environment and incur high removal costs.

**These items can be brought to Pictou County Solid Waste for a fee.**

**HOW TO SET UP ONLINE BANKING TO PAY TAXES AND WATER BILLS**

To begin you must have a separate payee for taxes and water.

**FOR TAXES**

1. Search Pictou
2. Select "Pictou (Town of) Taxes"
3. Enter account number - must be 8 digits; if not add 00s in front of the account number.

**For example:**

Account Number: 102436; enter as 00102436

**FOR WATER**

1. Search Pictou
2. Select "Pictou (Town of) Water"
3. Enter account number - must be 6 digits; do not include the **.00** in the account number. If you need more digits add 00s in front of your account number

**For example:**

Account Number: 17042.00; enter as 017042

**Property Tax & Water Billing Schedule**



Tax bills are issued twice a year. The Interim levy is issued in April, due in June. This levy is your current assessment with the previous year's rates, multiplied by 50%. The Final levy is issued in August, due October. This levy is for the entire year, less the Interim levy and reflects any changes Council may

have made to the rates. Our property taxation year is April 1–March 31.

Water is billed quarterly as follows: Jan–Mar levy issued in April, due in May; April–June levy issued in July, due in August; July–Sept levy issued in October, due in November; and Oct–Dec levy issued in January, due in February.

**For updated water rates please visit our website at [www.townofpictou.ca](http://www.townofpictou.ca) / on the website go to TOWN HALL, then double click WATER UTILITY**

**To be added to the Town's email notification list for water interruptions, etc. please contact: [info@townofpictou.ca](mailto:info@townofpictou.ca)**

**Low Income Tax Exemption**

Application forms are now available for the 2023-24 Low Income Tax Exemption. Forms can be picked up at the Town Hall at 40 Water Street. Income threshold for 2022 is \$28,215; maximum exemption of \$450.

**Pictou Fisheries Pool Winter Activities**

**First Aid Courses** Do you or your business need a First Aid Course? We can come to you or you can come to us. We offer Basic Work Place First Aid (Formerly Emergency First Aid) and Intermediate Workplace First Aid (formerly Standard First Aid) , all levels of CPR and AED training. Course Date: **TBD**

**Red Cross Babysitters Course** offers basic first aid and care giving skills for youth 11–15 years old. Pre-registration is required. Course fee \$55. Course date: **TDB**

**Aqua Fitness Classes** providing a balanced approach to train and target cardiopulmonary benefits, functional fitness, muscular endurance and strength, balance, posture and flexibility. Mon-Fri. 9:30-10:30 am

**Aqua Turbo** A high intensity class! It focuses on building cardiovascular strength and endurance through challenging routines of intervals and higher intensity options. Thursdays 7:30-8:30pm and Sundays 6:30-7:30pm.

**Fit 4 Two** (Parent and Tot) A fun time for moms, dads and caregivers. Tuesdays and Thursdays from 11:00am to 11:45am.

**Job Opportunity** Are you 15 or 16 years old and looking for a part-time job? Do you love the water and are interested in becoming a swim instructor and/ or lifeguard or both?? We are looking for you! Call us at 485-5301 for more information.

**SPECIAL ACTIVITY  
NATIONAL LIFEGUARD COURSE**

Join us on Facebook @ Pictou Fisheries



**Pictou County Mariners Swim Club**

Part of our community for 40 years. For youth ages 7 years and up. For inquiries please contact [pcm-president@outlook.com](mailto:pcm-president@outlook.com)

SUN	MON	TUES	WED	THUR	FRI	SAT
Open for Rental 11:30am-1:30pm	Aquafit 9:30am-10:30am	Aquafit 9:30am-10:30am	Aquafit 9:30am-10:30am	Aquafit 9:30am-10:30am	Aquafit 9:30am-10:30am	Swim Lessons 9:30am-12pm
Family Swim 1:00pm-2:30pm	Adult Lane 12pm-1pm	Fit 4 Two 11am-11:45am	Adult Lane 12pm-1pm	Fit 4 Two 11am-11:45am	Adult Lane 12pm-1pm	Open for Rental 12-1:30
Open for Rental 2:30pm - 4:00pm	Adult Lane 1pm-2pm	Lanes Only 12:15pm-1:15pm		Lanes Only 12:15pm-1:15pm Adult Lane 2pm-3pm		Open for Rental 1:30-3:00pm
Family Swim 4:30pm-5:30pm		Adult Swim 2pm-3pm	Swim Team 4pm-5:30pm	Swim Team 4pm-5:30pm	Swim Team 4pm-6pm	Open for Rental 3-4:30
Open for Rental 5:30-6:30	Swim Team 4-6:30	Swim Team 4pm-6:30pm Swim Lessons 5:30pm-7:30pm	Swim Lessons 5:30pm-7:30pm	Swim Lessons 5:30pm-7:30pm Masters 6:30-7:30pm	Open Swim (Trial) 7:30pm-9pm	Open for Rental 4:30-6 Open for Rental
Aqua Turbo 6:30pm-7:30pm	Family Swim 6:30-7:30	Adult Lane & Aqua Fit 7:30pm-8:30pm		Aqua Fit/Adult Lane 7:30pm-8:30pm		6-7:30 Open Swim (Trial) 7:30-9

**Drop In Fees**

Fit4Two	\$6.25
Student/Senior	\$4.25
Adult Swim	\$7.00
Family Swim	\$15.00
Aquafit	\$7.75
Sr. Aquafit	\$6.75



**POOL RENTALS**

We are open for rentals. Want to book a birthday party or group event? Give us a call for details at 485-5301.

**DID YOU KNOW ?**

The pool has an accessible universal state of the art changeroom available. Also onsite is a hydraulic lift, aqua wheel chair and adaptive life vests; all provide access to the water for swimmers that may require extra support.

**NEW BUSINESS OPENINGS**



**Sandy's Ice Cream**

87 Caladh Avenue

Soft Ice Cream, Hard Ice Cream, Sundaes, dog specialities, plus coffee

**The Nook & Cranny**

50 Caladh Avenue

Eat, Drink, and Enjoy Local! Fresh and unique flavours and Salty Dog beer served on the waterfront. Patio dining.



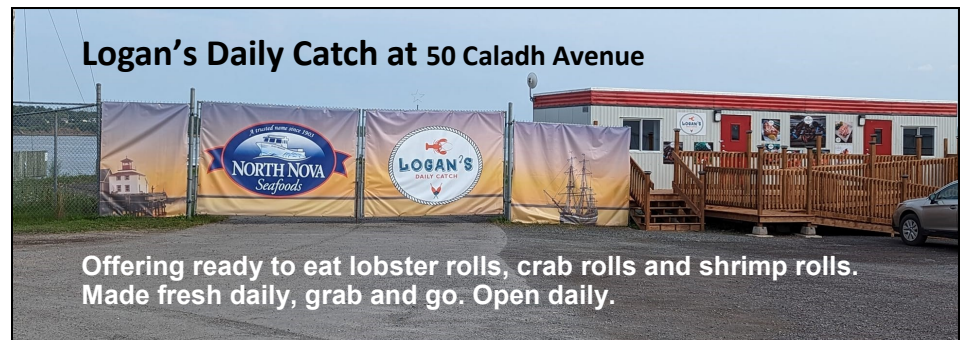
**Love Local Vendor Village**

27 Creighton Street

Vendor's Village by the beautiful Pictou waterfront! Shop, frolic, play, relax, and support local!

- Canada Renewed
- Sense and SensibiliTea
- Chapel Cove Chocolate
- The River Gallery
- Highland's Hobby Hut

**Logan's Daily Catch at 50 Caladh Avenue**



Offering ready to eat lobster rolls, crab rolls and shrimp rolls. Made fresh daily, grab and go. Open daily.



**The Port of Pictou  
Rotor Mechanical Services Ltd.**  
2 Depot Street

A unique marine service company located at Pier C. Fully ISPS compliant, The Port of Pictou offers 550 metres of berth length, 850 square metres of warehouse space and 6000 square metres of secure marshalling area, and a flexible skilled workforce

**Sel et Sucre Advanced Aesthetics**  
41 Water Street

Offering customized advanced facials and skin care treatments. Find Sel et Sucre Advanced Aesthetics on Facebook.



**Seabank House Bed & Breakfast**  
68 Front Street

Built in 1854, Beautiful Heritage architecture, stain glass windows, elegant features and 4 spacious "themed" rooms, 2 with views of Pictou Harbour.



**Congrats to**

**Harbourview Market** on another successful season and expanding the variety of local artisans, makers and growers in our region.

**Pictou West Food Bank** on your new location at 16 Twinning Street.

**Hector Descendants Project** on your location at 27 Water Street for August & September showcasing writing talents and local product.

**Limiless Décor** on your opening at 27 Water Street offering beautifully handcrafted natural boho décor.

**PICTOU FISHERIES TRAINING POOL**

73 Harbour Drive 485-5301 [aquatics@townofpictou.ca](mailto:aquatics@townofpictou.ca)

Now that summer has come to and end, it's time to get back into all things aquatics. Either to get involved in swimming lessons or a fitness plan, maybe try one of our many Aqua Fitness Classes. The Fisheries Training Pool has a lot to offer. This season we are hosting the Nova Scotia 55+ Games here at our facility. A very exciting event taking place on September 21, 2023.

Registration is open for our fall swimming lessons. Choose Tuesday night from 5:30pm-7:30pm, Thursday night from 5:30pm-7:30pm and Saturday mornings from 9:30am-12noon. Want to know more about lifeguarding and instructing? The Fisheries Training Pool is the place to go for all of your aquatic needs. To find out more about our new programs drop by the pool or call 902-485-5301.

**SWIM FOR LIFE SWIMMING LESSONS**

**Registration** began on September 6th, 2023 for the Fall session of swim lessons. There will be a Fall Mini Session of swim lessons following in October.

Lessons will be held on:

- Wednesday Evenings 5:30pm-7:30pm**
- Thursday Evenings 5:30pm-7:30pm**
- Saturday Mornings 9:30am-12noon**



**Adult Swim Lessons** Whether you are scared stiff or wish to improve your strokes, this swim instruction session is designed to meet the individual needs of each participant. Tuesdays from 7:00-8:00 pm, registration begins September 5th, 2023. The Cost for Adult Lessons is \$75 for 8 weeks. Registration is necessary.

Private Adult Lessons during the day: call for details at 902-485-5301.

<u>Membership Type</u>	<u>3 Month</u>	<u>Yearly</u>
<b>Student/Senior</b>	\$85.00	\$255.00
<b>Adult</b>	\$165.00	\$520.00
<b>Family</b>	\$250.00	\$765.00
<b>Aquafit</b>	\$235.00	\$735.00
<b>Sr. Aquafit</b>	\$160.00	\$495.00



**DID YOU KNOW** that many of the municipal recreation departments in Pictou County have equipment available for free to loan? These municipalities have joined together to create a website that you can visit to check out what equipment is available. The loan program also has adaptive equipment including a hippocampe, hiking aids, sport and winter equipment.

Visit the GO PLAY Pictou County Equipment Loan Program website here:  
<https://recreation-pictoucounty.hub.arcgis.com>

**The following equipment is available through Pictou Recreation and Parks:**

**Canoe, kayaks, paddleboards** - Including paddles, PFDs, safety kit

**Bikes - fat tire, tandem, regular** including helmets, safety kit

**Kit Bag** - soccer ball, skipping ropes, badminton, volley ball, games, and more

**Baseball Bag** - bats, gloves, balls, catchers gear, helmet

**Washer Toss** - 2 game kits

**Adventure Day Packs** - backpack full of outdoor activities to explore nature

**2 Sport Wheel Chairs and adaptive life vests.**

Also snow shoes, Nordic walking poles, roller blades, tennis rackets, flag football kit bag, road hockey equipment and more; full list on Town website.

**PLUS** the Pictou Library has **PLAY PACKS**, bike locks, sensory equipment and Nordixx poles.



**DID YOU KNOW?** The Jitney Trail in Pictou is part of the Trans Canada Trail, which is a leg of a 24,000 kilometer trail system spanning Canada coast to coast.

Pre-registration and payment for all programs is required. Men and women; youth, adults and seniors are welcome to all classes unless an age group is specified. Call for details at 902-485-4372.

### Yoga and Chair Yoga by Rachael MacLean (6 weeks)

#### Yoga

Improve flexibility and strength in this serene weekly yoga practice, guided by instructor Rachael MacLean. **When: Wednesdays beginning Sept. 6, 2:00-3:00pm, another session will follow. Fee: \$50 Location: Pictou United Church, 47 James St.**

#### Chair Yoga

Chair Yoga is a wonderful and uplifting program for all ages and abilities. This class will invite you to connect with breath and movement to improve your range of motion, flexibility and strength. **When: Fridays beginning Sept. 8, 11:30-12:30pm, another session will follow. Fee: \$50. Location: Pictou United Church, 47 James St.**

### Photography Class

Improve your photographic experience! This course is for anyone wanting to have a better understanding of the basics of photography. **When: Tuesdays 7:00-9:00pm beginning September 17 Location: CN Station (71 Front St) Fee: \$85 (8 weeks)**

### Tai Chi Class

Yang style Tai Chi for people of all ages who seek to improve their personal well-being, flexibility, core strength and balance. Start Date: **TBA**

## Drop In Programs

**Adult Badminton Club** Tuesdays Location: McCulloch Education Centre, 6:30-8:30 pm **Start date and fees TBA.** Bring your own racket.

**Pickleball—Start date and fees TBA**

### Women on Wheels (weekly) - FREE

Join in a bike ride every Wednesday at 10:00 am. Meet up location: Jitney Trailhead by the DeCoste Centre parking lot.

## Youth Programs

### Learn to make Balloon Animals—with David Nicholson

Learn the basics of this fun and whimsical art. All materials supplied and you will take your animals home with you. Date: November 19th. Location: Council Chambers at the historic CN Train Station, 71 Front St. Fee: \$5

**Skate Boarding School—**For all ages. For details message [ashleyscottgeorge@gmail.com](mailto:ashleyscottgeorge@gmail.com) or [sally.oneill@townofpictou.ca](mailto:sally.oneill@townofpictou.ca)  
**Sundays 10:30-11:30am Location: Pictou Skate Park (Broidy Park)**

**Lunchtime Walking Group (weekly)—FREE**

Thursdays at 12:10—Energize your workday and meet for a 30 min walk on the Jitney Trail. Easy pace, flat surface, good company! Meet up location: Jitney Trailhead by the deCoste Centre parking lot.

**NS Walks**

NS Walks is a coordinated network of trained walk leaders offering regular guided walks all over Pictou County, and Nova Scotia. To find out about walks near you, or to become a walk leader yourself, check [hikenovascotia.ca/ns-walks](http://hikenovascotia.ca/ns-walks) or follow NS Walks' social media accounts.

**Walk N Roll Indoor Walking Group—FREE**

The Nova Scotia Health Authority and Pictou Recreation and Parks will be offering a Walk N Roll Program this fall. It is designed for those with mobility challenges. We welcome people of all mobility levels - bring any walking aid that you have. Walkers available as well. Our goals are to increase your walking endurance, heart health and independence. Enjoy companionship and music while improving your fitness level. It will take place once a week in Pictou and it's FREE! For more information call 902-485-4372.

**Seeking program/workshop instructors**

Do you have a program or skill you'd love to teach? Pictou Recreation and Parks wants to meet you! We strive to provide a variety of interesting, active and engaging programs for people of all ages and abilities. Contact [sally.oneill@townofpictou.ca](mailto:sally.oneill@townofpictou.ca)

Need a certification or training? The Gary Boone Leadership Development Fund provides financial assistance to non-profit community groups and organizations for leadership training and development. For details contact Pictou Recreation at 902-485-4372.



**AS A NEW SCHOOL BEGINS  
WE ARE PLANNING TO RESTART OUR  
PUC 'GRAB AND GO'  
LUNCH & PANTRY OUTREACH PROGRAM  
AT PICTOU ACADEMY.**

*Hunger, food insecurity, increasing food costs are a reality  
for too many PA students and their families-  
and so we seek to offer our care and support.*

**IF YOU HAVE BEEN PART OR ARE INTERESTED IN BEING PART  
OF OUR 'GRAB & GO' OUTREACH MINISTRY,  
PLEASE BE IN CONTACT WITH  
MARY MACCALLUM - OUR G&G COORDINATOR  
902 396-6294      [mlynnmacc@gmail.com](mailto:mlynnmacc@gmail.com)**

**STORAGE LOCKERS FOR CANOES, KAYAKS & PADDLE BOARDS**

On the Pictou Waterfront at the Marina  
If you are looking for convenient storage for your small recreational water craft near a launch ramp please call Pictou Recreation and Parks at 902-485-4372  
Individual units available, monthly or annual fee.

**Sport & Recreation****GEAR SWAP****SATURDAY, OCTOBER 21****CN STATION, PICTOU****9:00 AM-11:00 AM - GEAR SWAP****11:00 AM-12:00 PM - GEAR GIVEAWAY****EARLY DROP OFF - OCT. 19, 9AM-12PM & OCT. 20, 1PM-4PM**