




town of
PICTOU
Birthplace of New Scotland



Newsletter

Keeping Our Community Connected

WINTER 2023



In this Issue:

**Important Updates
on Tax and Water**

Community Projects

**Aquatics and
Recreation Programs**

AND MORE....

www.townofpictou.ca

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Dog Control: Contact the Town Office at 902-485-4372. For emergencies contact the RCMP at 911.

Unsightly Property/Miscellaneous Complaints: Contact the Town Office at 902-485-4372.

Street Light Outages: Contact Town of Pictou at 902-485-4372.

Tax Billing: Billed twice a year (tax year is April 1-March 31) - April and August, subject to change.

Water Billing: Billed four times a year - January, April, July and October(subject to change).

Bill Payment Options: Cash, debit, cheque, Paymentus and online banking; payments made at Town Administration Office at 40 Water St.

**Administration Office,
Town Hall**

Hours Open
8:30 am-4:30 pm
Closed Stat/Civic
Holidays

40 Water Street
PO Box 640, Pictou
B0K 1H0
Ph: (902) 485-4372
Fax: (902) 485-8110

Email:
info@townofpictou.ca

Public Works

Ph: (902) 485-5390

Pictou Fire Department

Emergency 911
Fire Hall (902) 485-4136

**Pictou Recreation
and Parks**

Ph: (902) 485-4372

**Pictou Recreation
Aquatics**

73 Harbour Drive
PO Box 640
Ph: (902) 485-5301
Fax: (902) 485-6087
Email:
aquatics@townofpictou.ca

**FOLLOW TOWN OF
PICTOU ON FACEBOOK**

**Town of Pictou
Administration Directory**

Kyle Slaunwhite Ext. 258
Chief Administrative Officer
kyle.slaunwhite@townofpictou.ca

Nicole MacDonald Ext. 254
Deputy Clerk
nicole.Macdonald@townofpictou.ca

David Nicholson Ext. 224
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Wayne Robinson
Fire Chief
wayne.robinson@townofpictou.ca



Birthplace of New Scotland



Your Town Council

Mayor Jim Ryan

Phone: 902-485-8748

Email: jim.ryan@townofpictou.ca

Deputy Mayor Melinda MacKenzie

Phone: 902-921-3137

Email: melinda.mackenzie@townofpictou.ca

Councillor Nadine LeBlanc

Phone: 902-485-1839

Email: nadine.leblanc@townofpictou.ca

Councillor Dan Currie

Phone: 902-754-0763

Email: dan.currie@townofpictou.ca

Councillor Shawn McNamara

Phone: 902-485-5260

Email: shawn.mcnamara@townofpictou.ca

Meetings

Committee of Council Meetings

Meets on the first Monday of each month except on holidays (rescheduled to the following Monday)

Regular Town Council Meetings

Meets on the third Monday of each month, except on holidays (rescheduled to the following Monday).

Pictou Recreation and Parks Committee

Meets on the last Tuesday of each month except on holidays.

NOTE: Meeting dates may change. Please check website for details or call the Town Hall at 902-485-4372.



Greetings!

2023 will be an exciting year for the Town of Pictou as we plan for, and execute events to celebrate the 150th anniversary of the Incorporation of the Town and the 250th year since the Ship Hector landed on our shores. Be sure to visit the 'Pictou 2023' website regularly for calendar updates on events of interest throughout the year.

Along with the many celebrations, we will also see some major projects associated with our extensive Waterfront Plan starting to take shape. Thanks to the businesses, various organizations and many individuals who contributed in the development of the plan with their ideas.

The renovations and additions to the deCoste Centre, featuring a new library, will get started within the next few months and we are working on putting together the funding for the restoration and expansion of Market Wharf with a permanent breakwater for the marina. There will also be new businesses and additional, smaller projects to make our downtown and waterfront a great place to gather for citizens and visitors.

I am sure everyone has noticed that our very capable and dedicated Public Works crew is back on the roads with their heavy equipment for snow removal and salting. Please be patient as the small, but mighty team works to keep us moving about town safely.

The Recreation and Parks team is providing many indoor and outdoor opportunities for your enjoyment throughout the winter months. Be sure to embrace the season and take advantage of the many programs outlined in the following pages. Thanks to the many organizations and volunteers helping to make this happen.

Wishing everyone a Happy and Safe 2023!

Jim Ryan
Mayor
Town of Pictou

Call for Citizens Applications

The Town of Pictou is inviting citizens to apply to serve on the following committees:

TOWN OF PICTOU ACCESSIBILITY COMMITTEE

The Accessibility Advisory Committee provides advice to Council on identifying, preventing and eliminating barriers to people with disabilities in municipal programs, services, initiatives and facilities. The Committee plays a pivotal role in helping the Town of Pictou become an accessible community that complies with Nova Scotia's Accessibility Act (2017). There is currently one vacancy that must be filled with a citizen who has a disability or represents an organization that is a service provider.

TOWN OF PICTOU PARKS & RECREATION COMMITTEE

The committee operates pursuant to the Pictou Recreation and Parks Committee Policy. The major focus areas include planning and organizing special community events and serving as an advisory group to Council on recreation service delivery.

If you are interested in volunteering for one of the committee positions, please forward a brief biography outlining related experience to the undersigned on or before **January 31, 2023**.

Nicole MacDonald
Deputy Clerk, Town of Pictou
nicole.macdonald@townofpictou.ca

VOLUNTEERS



VOLUNTEER OF THE YEAR

Now is your chance to recognize an outstanding volunteer in our community. Nominations for Pictou's Volunteer of the Year Award will open in mid February. National **Volunteer Week is April 16-22, 2023**. Application forms will be available at the Pictou Recreation & Parks office or can be downloaded from the Town website. Deadline for nominations is March 30, 2023

Town Grant Program

Organizations requesting financial assistance through the Municipal Grants to Organizations Program for **fiscal year 2022-23** must forward their application to the Community Development Officer no later than **March 31, 2023**. The application forms are available from the Town Hall at 40 Water Street or you may download the forms from the Town website at www.townofpictou.ca.

Applications will be considered in accordance with the Grant Program Policy for the Town of Pictou. Grant categories include:

- Youth Travel
- Community Programming
- National /Provincial/or Local Event
- Community Economic Development Initiative

Only grant requests completed on application forms will be considered. All first-time applicants are encouraged to contact the Community Development Officer at 485-4372 x. 255 or email michelle.young@townofpictou.ca to discuss their proposal and receive assistance in completing the application form.

Tax and Water Billing

Tax bills are mailed out April (due in June) and August (due in October).

Water bills are invoiced quarterly in January, April, July and October.

Please ensure that you have supplied the Town with your correct mailing address including your P.O. Box # to deter delayed payments and notices.

Postal box numbers are **required** at the Post Office.

Paymentus

The Town of Pictou is now accepting water and property tax payments by credit cards online. A 2.5% convenience fee will apply. To get started visit [Paymentus](https://www.paymentus.com) or call 1-833-277-8701. We accept Visa, Mastercard, and Amex. Please allow at least four business days for processing.

Online Bill Payment Through Your Bank

You can pay your property tax or water bills online through your online banking. You must set up a separate payee for taxes and water.

Town Capital Work and Projects Update

Paving, Sidewalk, Waterline and Sewer line Work

2022 capital work included:

Denoon Street replacement of asphalt, curb, and sidewalk as well as the addition of a separated storm sewer system from Coleraine Street to Welsford Street was completed in December 2022.

School Street replacement of the water main line over the entire length of the street was completed in December 2022.

2023 capital work

It is anticipated that the redesign of the intersection of Union Street, Cedar Street, Denoon Street and Beeches Road will be completed in the 2023 capital works plan. This intersection realignment will move Cedar Street north tying it into Union Street and the old intersection will be a 4-way intersection of Union Street and Denoon Street / Beeches Road. In addition, a drop curb and sidewalk would be put in place along the East End Grocery parking lot and curb and sidewalk would be put in place on the north side of Denoon Street. There will be a new crosswalk with flashing beacons put in place on the west side of the new intersection.

More capital projects will be determined when the capital budget is decided in February 2023.

Sewer Transmission and Waste Water Treatment

Aerators in the digester were replaced at the waste water treatment plant in June 2022. Repairs to the UV system will be completed in January 2023.

Water Source Updates

A new well has been drilled and has been approved by Nova Scotia Environment for use. The wellhouse was completed in December 2022 and electrical and plumbing work is expected to be completed by January 2023 and the well going live by the end of January 2023.

Visitor information centre

The town is looking at options to relocate the old visitor information centre located at the roundabout to Broidy Park to provide a recreation space for the town. The geotechnical investigation was completed, and the slab design is ongoing.

Ditching and Culvert Program

The ditching program for 2022 is wrapping up, unfortunately due to Hurricane Fiona some of the planned work around Elliott Street will be deferred until spring when contractor availability is back to normal. Smaller projects aiming to reducing flooding / surface water issues will be planned to be completed before the end of March 2023.

Jitney Trail Bridge

The Town of Pictou continues to work with the Province of Nova Scotia and Federal Government on restoring the Gut Bridge portion of the Jitney Trail. This section of the trail was lost due to fire however is looking to be replaced with the future in mind. Geotechnical work has been completed which will guide engineering design. Final designs are expected to complete in January with the hopes of reconstructing in spring 2023. We want to thank everyone for their patience and we look forward to getting out on the trail again!

DID YOU KNOW.....you can **SUBSCRIBE** to receive various Town related information through your email? It's easy to sign up. Go to the Town website at www.townofpictou.ca. At the top of the home page there is a "Subscribe to Alerts" button. Follow the instructions. You can sign up for alerts on: water notices, street closures, Town Newsletter or recreation related events and activities.

Heritage Advisory Committee

The Town of Pictou in 2019 formed the Heritage Advisory Committee. The Committee is governed by the provisions in the *Heritage Property Act*, Town policy and the *Municipal Government Act*, S.N.S. 1998 c. 18 [MGA].

Role of the Committee

The Committee may advise and make recommendations to the Town respecting:

Heritage Advisory Committee Con't

- the inclusion of buildings, public-building interiors, streetscapes, cultural landscapes and areas in the Town Registry of Heritage Property;
- an application for permission to substantially alter or demolish a Town Heritage Property;
- the preparation, amendment, revision or repeal of a conservation plan and conservation by-law;
- the administration of heritage conservation districts pursuant to the provisions of the *Heritage Property Act*;
- an application for a certificate that is required by the *Heritage Property Act* a conservation plan and conservation by-law to go to a public hearing;
- building or other regulations that affect the attainment of the intent and purpose of this By-Law and the *Heritage Property Act*; and any other matters conducive to the effective carrying out of the intent and purpose of the *Heritage Property Act*.

Committee Projects to Date

- Working on the designation of Front Street as a Heritage Conservation District
- Design and installation of new street banners on Front Street
- Development of new heritage property signage
- Collection of historical information on properties

Committee Members

email: PictouHAC@gmail.com

John Blackwell (chair)
Tabitha Co (vice-chair)
Michelle Davey
Nadine LeBlanc (Town Councillor)
Melinda MacKenzie (Town Councillor)
Teresa MacKenzie



Waste Reduction Sorting Guide

Visit www.pcwastemgmt.com or download the Pictou County Solid Waste app for a complete listing of what goes where.

<p>GREEN CART ORGANICS</p>	<ul style="list-style-type: none"> • All food waste • Cooking oil and fat • Hot and cold drink cups • Leaves, brush and plants • Coffee filters and tea bags • Soiled napkins and paper and paper towels • Cat litter 	<ul style="list-style-type: none"> • NO plastic bags (including those labelled "compostable" or "biodegradable") • NO ashes • NO glass or metals • NO milk cartons • NO diapers, wipes or personal hygiene products
<p>BLUE BAG 1 RECYCLABLE CONTAINERS</p>	<ul style="list-style-type: none"> • All plastic food containers • All plastic bags and wrap • All refundable beverage containers • Milk and juice containers • Styrofoam • Aluminum foil and plates • Glass bottles and jars • Tin/aluminum food cans 	<ul style="list-style-type: none"> • NO paper • NO bottle caps • NO plastic cutlery or straws • NO disposable cups • MUST be rinsed and clean
<p>BLUE BAG 2 RECYCLABLE PAPER</p>	<ul style="list-style-type: none"> • Boxboard (cereal and cracker boxes) • Paper egg cartons • Newsprint and flyers • Paper (shredded and whole) • Magazines, catalogues, phone books and paper back novels • Envelopes • Coffee trays • Cardboard (flattened) 	<ul style="list-style-type: none"> • NO plastic • NO disposable cups • MUST be clean and dry
<p>GARBAGE CLEAR BAGS</p>	<ul style="list-style-type: none"> • Aerosol cans (empty) • Potato chip bags • Straws • Foil gift wrap • Broken glass (safely packaged, placed beside clear bag) • Diapers • Disposable wipes 	<p>Use the Pictou County Solid Waste mobile and web app to see what goes where and to receive collection and special event notifications.</p> <p>www.pcwastemgmt.com</p>

2022-23 WINTER PARKING REGULATIONS

The Winter Parking Ban is now in effect in the Town of Pictou. Here's what you need to know.

When: December 15, 2022 to April 1, 2023.

What: No cars can be parked on the streets, sidewalks or shoulders of the streets in the Town of Pictou from 1:00 am to 7:00 am & during daytime hours, when snow plows are trying to plow the streets.

Exemptions: Physicians, police & fire officials while carrying out their official duties and operators of commercial vehicles while loading & unloading.

Violations: All vehicles will be ticketed and towed at owner's expense. This applies whether there is snow or not. Additional penalties provided by Section 292 of the Motor Vehicle Act.

SNOW REMOVAL

The Town of Pictou would like to remind all residents that during snowstorms, Public Works crew will be out to keep the streets and sidewalks clear. We want to remind everyone that a winter parking ban is in place during these storms so Public Works can safely and quickly clear the streets. The Town of Pictou would like to thank everyone for their cooperation in this matter. For more information on the Snow Plowing and Ice Control Policy visit the Town website.



DID YOU KNOW

you can borrow recreation equipment for FREE ? Visit <https://recreation-pictoucounty.hub.arcgis.com/> to find out more. Seasonal equipment available such as snowshoes, walking poles, ice cleats, cross country skis, fat tire bikes, kick sleds and more.

Questions.....call Pictou Recreation and Parks at 485-4372

TOWN STAFF UPDATES

There has been a few changes within Town Hall personnel over the last few months. Michelle Young has moved into a new role as Community Development Officer. This new position will focus on identified projects within the Waterfront Development Plan, beautification, communications and community events. The Town is in the process of hiring a new Recreation Manager who will begin at the end of January.

This past summer, long time Aquatic Manager, Donna Weaver retired from her position at the Pictou Fisheries Pool. Donna has brought passion and pride to our community pool and will be missed. The Town welcomed Mike Thompson in September as her replacement. Mike has a broad range of experience within the aquatics and recreation sector.

Sally O'Neill fulfills the role of Municipal Physical Activity Leader working collectively with the Town of Pictou and the Municipality of Pictou County. Moving forward, she will focus on trail development, active transportation projects, after school programming and other projects identified in the new Physical Activity Strategic Plan for both municipalities.

Dan Campbell joined the Town this fall, overseeing the management of the Water Utility. In addition, two new members of the Public Works Department include John Gribben and Greg MacKenzie.

The Town would like to thank Fire Chief Paul Janes for more than a decade of service and dedication with the Pictou Fire Department. Replacing Paul is Wayne Robinson. Welcome Chief Robinson!

Following are the Winter Programs offered by Pictou Recreation and Parks. Pre-registration and payment for most programs are required. There is limited spaces available in each session. Keep watch on Town website for more programs. Call for details at 485-4372.

Chair Yoga with Rachael MacLean (8 weeks)

Chair Yoga is an uplifting program for all ages and abilities. This class will invite you to connect with breath and movement to improve your range of motion, flexibility and strength. Every Friday beginning January 13 at the Pictou United Church Hall at 11:00am. Cost: \$70

Yoga with Rachael MacLean (8 weeks)

Learn the fundamentals of yoga building strength, improve balance, increase flexibility, reduce stress and tension while building overall health. Every Wednesday beginning **January 11th** at 2:00pm at the Pictou United Church Hall. Cost: \$70

Cardio Kickboxing with Marrison Stephens (8 weeks)

Join certified instructor, Morrison Stephens for this fitness class that engages multiple muscle groups and will be sure to leave you feeling stronger and healthier. Adult classes beginning January 9th: Mondays 7-8pm and Wednesdays 6-7pm. Location: Pictou Academy Gym
Cost: \$65 for one class or \$120 for two classes.

Tai Chi with Greg Dickson (8 weeks)

Yang style Tai Chi for people of all ages who seek to improve their personal well-being, flexibility, core strength and balance. Combining various hand, body and foot movements along with the practical application of *yin* and *yang*, the Yang style teaches you to move the various parts of the body in soft, curved and circular ways. We will concentrate on the Standard Tai Chi 24 Form set to maintain the fundamentals while making it easier, especially for beginners to learn and master. Location: Pictou United Church Hall
When: Beginning January 9th, Mondays and Fridays at 10am
Cost: \$50 for one class or \$93 for two classes.

Jiu Jitsu with Marrison Stephens (8 weeks)

Brazilian Jiu Jitsu is a predominantly ground-based martial art, using the principals of leverage, angles, pressure and timing, as well as knowledge of the human anatomy. Unlike other martial arts that focus on strikes and/or kicks, jiu jitsu focuses on close-contact "grappling" holds and techniques. Jiu Jitsu helps to develop increased strength and cardio, as well it promotes weight loss and improved muscle tone. Location: Pictou Academy Gym
When: beginning January 9th every Monday 6-7pm. Cost: \$50

Pickle Ball (Drop-in)

Thursdays at 6:30pm beginning January 12th 2023 at McCulloch Education Centre. Cost \$2.00.

Adult Badminton (Drop-in)

Tuesdays at 7:00pm beginning January 10th 2023 at McCulloch Education Centre. Cost \$2.00.

Walk N Roll Indoor Walking Group Program offered in partnership by Nova Scotia Health Authority and Pictou Recreation and Parks. Designed for those with mobility challenges; we welcome people of all mobility levels - bring any walking aid that you have, such as canes or walkers. If you have a 4 wheeled walker bring it with you. There are wheeled walkers available for you to try. Our goals are to increase your walking endurance, heart health and independence. Enjoy companionship and music while improving your fitness level. It will take place every Tuesday, 1:00pm at the Pictou Legion beginning **January 10th**; FREE; more details 902-485-4372.

UPCOMING WINTER RECREATIONAL ACTIVITIES

Snow Sculpture Challenge

Get creative outdoors; build a snow sculpture/person, take a photo and submit to info@townofpictou.ca. Contest runs the month of February. PRIZES for 1st, 2nd, 3rd place. Photos will be shared on social media.

Winter Active Photo Contest

Submit a photo of enjoying outdoor winter activities in the TOWN OF PICTOU over the month of February and win a PRIZE. Explore our community this winter, build a snow fort, create snow art, go for a walk, find a trail, play in the backyard, roast some marshmallows. Submit your photo to info@townofpictou.ca.

Winter Walk Day - February 1, 2023

Don't let cold, wind, snow or rain keep you from heading out for a walk. If you dress for the weather and practice winter safety, you're ready to go! Walk, take a picture and tag Pictou Recreation and Parks on social media for a chance to win a prize!

Snowboard Riglet Program Try It Session -February 20, 2023 11am-1pm

Nova Scotia Snowboard has partnered with Pictou Recreation and Parks to offer a Riglet Program. Learn the basics to get you started. Call Pictou Recreation and Parks to register at 902-485-4372; for youth ages 7-12 years. Location: Market Square, Pictou.

Paddleboard Try It Sessions - March Break, March 16, basic skills on how to paddle, half hour sessions from 10-12pm at Pictou Fisheries Pool, call to register at 902-485-5301; Limited spots available.

PICTOU FISHERIES TRAINING POOL

73 Harbour Drive 485-5301 aquatics@townofpictou.ca

Exciting News from the Fisheries Training Pool. We have adopted a brand new Swimming Lessons Program. As we move away from the Red Cross Program, which has been in effect for 75 years. We now have a new program that comes to us from the Lifesaving Society, called Swim For Life. Same great lessons, with some changes in names and levels. We are taking time to train our staff on all of these exciting changes to give you the utmost in quality instruction for your swimming lessons needs. Being offered on Wednesday evenings from 5:30pm-7:30pm, Thursday from 5:30pm-7:30pm and Saturday Mornings from 9:30am-12noon. Want to know more about our new program? Please drop by the pool anytime and we can walk you through the changes.

SWIM FOR LIFE SWIMMING LESSONS

Registration will begin on January 4th, 2023 for the winter session of swim lessons. Spring session of swim lessons will begin in March. **Registration** will begin February 13th, 2023.

Lessons will be held on :

Wednesday Evenings 5:30pm-7:30pm
Thursday Evenings 5:30pm-7:30pm
Saturday Mornings 9:30am-12noon

Adult Swim Lessons Whether you are scared stiff or wish to improve your strokes, this swim instruction session is designed to meet the individual needs of each participant. Tuesdays from 7:00-8:00 pm, Registration begins January 4, 2023. The Cost for adult lessons is \$75 for 8 weeks



Private Adult Lessons during the day: call for details at 902-485-5301.

Advantages of Membership

Includes all public swims (family & open) and lane swims. 10% discount on Pro Shop merchandise, 25% discount on Instructional Programs

<u>Membership Type</u>	<u>3 Month</u>	<u>Yearly</u>
Student/Senior	\$85.00	\$255.00
Adult	\$165.00	\$520.00
Family	\$250.00	\$765.00
Aquafit	\$235.00	\$735.00
Sr. Aquafit/Arthritis	\$160.00	\$495.00

SUN	MON	TUES	WED	THUR	FRI	SAT
Open for Rental 11:00am-12:30pm	Aquafit 9:30am-10:30am	Aquafit 9:30am-10:30am	Aquafit 9:30am-10:30am	Aquafit 9:30am-10:30am	Aquafit 9:30am-10:30am	Swim Lessons 9:30am-12pm
Family Swim 1:00pm-2:30pm	Adult Lane 12pm-1pm	Fit 4 Two 11am-11:45am	Adult Lane 12pm-1pm	Fit 4 Two 11am-11:45am	Adult Lane 12pm-1pm	Open for Rental 1-2:30
Open for Rental 3pm-4:30pm	Adult Lane 1pm-2pm	Lanes Only 12:15pm-1:15pm		Lanes Only 12:15pm-1:15pm Adult Lane 2pm-3pm		Open for Rental 3-4:30
Family Swim 4:30pm-5:30pm		Adult Swim 2pm-3pm	Swim Team 4pm-5:30pm	Swim Team 4pm-5:30pm	Swim Team 4pm-6pm	Open for Rental 5-6:30
Aqua Turbo 6:30pm-7:30pm	Swim Team 4-6:30	Swim Team 4pm-6:30pm Family Swim 6:30pm-7:30pm	Swim Lessons 5:30pm-7:30pm	Swim Lessons 5:30pm-7:30pm Aqua Turbo 7:30-8:30	Open Swim 7:30pm-9pm	Open Swim 7:30pm-9pm
		Adult Swim & Lessons 7:30pm-8:30pm		Lane Swim 7:30pm-8:30pm		

Drop In Fees

Fit4Two	\$6.25
Student/Senior	\$4.25
Adult Swim	\$7.00
Family Swim	\$15.00



POOL RENTALS

We are open for rentals, want to book a Birthday Party or Group Event . Give us a call for details at 485-

DID YOU KNOW ?

The pool has an accessible universal state of the art changeroom available. Also onsite is a hydraulic lift, aqua wheel chair and adaptive life vests; all provide access to the water for swimmers that may require extra support.

Pictou Fisheries Pool Winter Activities

First Aid Courses Does you or your business need a First Aid Course? We can come to you or you can come to us. We offer Basic Work Place First Aid (Formerly Emergency First Aid) and Intermediate Workplace First Aid(Formerly Standard First Aid), all levels of CPR and AED training.

Red Cross Babysitters Course offers basic first aid and care giving skills for youth 11–15 years old. Pre-registration is required. Course fee \$55. Course date: **TDB**

Arthritis Fitness Classes providing a balanced approach to train and target cardiopulmonary benefits, functional fitness, muscular endurance and strength, balance, posture and flexibility . Mon-Fri. 9:30-10:30 am

Aqua Turbo A high intensity class! It focuses on building cardiovascular strength and endurance through challenging routines of intervals and higher intensity options. Thursdays 7:30-8:30pm and Sundays, 6:30-7:30pm.

Fit 4 Two (Parent and Tot) A fun time for Moms, Dads and Caregivers. Tuesday and Thursdays from 11:00am to 11:45am.

Job Opportunity Are you 15 or 16 years old and looking for a part-time job? We are looking for you, do you love the water and are interested in becoming a swim instructor and/or lifeguard or both?? Call us at 485-5301 for more information.

SPECIAL ACTIVITIES

MARCH BREAK SWIMS

Toonie Swims

March 14, 16, 18 at 2:00-3:30pm

Join us on Facebook @ Pictou Fisheries Pool



Pictou County Mariners Swim Club

Part of our community for 40 years.
For youth ages 7 years and up
For inquiries please contact
Email: pcm-president@outlook.com

Hector Arena 2023 Skating Schedule

Adult Skate	Mon. Tues., Wed. & Thurs.	1:30-2:30 pm	donation
Adult & Tot	Tues. & Thurs	10:00-11:30 am	donation
Public Skating	Fridays	2:45-4:45 pm	FREE
Family Skate	Sundays	9:30-10:40 am	FREE

Free skates are sponsored by community partners.

Indoor Walking at the Rink

The cooler weather is upon us, continue your walking routine at the Hector Arena inside Monday to Friday, 8:00-11:30 am & 1:00-4:00 pm. Why not drop by with a friend? Donations accepted.

Skate sharpening available. For info call the Hector Arena at 485-5122.
Helmets are now mandatory for everyone.

Please Note: Skating schedules are subject to change without notice due to special events or tournaments. Please call ahead to confirm or check out their Facebook page.

New Caledonian Curling Club

Interested in curling this winter? . For further information call Alta Munroe at 485-4913. Check out their Facebook page for details on memberships, adult and junior curling, camps, upcoming events, bonspiels and more.



Modern Line Dance

Variety of Genre: Pop, Latin, Classic, Country
Great Exercise for Body and Brain

Never danced before or rusty? No worries, join the beginners class. Also offering an Improvers Class for those who have danced before.
No stress just fun !

Beginners Class: Wednesdays and Fridays 10:15am-11:15am, beginning January 11th

Improvers Class: Mondays, Wednesdays and Fridays 9am-10am, beginning Monday, January 9th

For more information about the classes email: bjmacd123@gmail.com.

Cost: \$2 per class.



PICTOU 2023

In 2023, the Town of Pictou celebrates a convergence of two major anniversaries; 150 years since the incorporation of the town on April 30, 1873, and 250 years of the historic arrival of the Ship Hector from Scotland on September 15, 1773. Throughout 2023, over 20 community organizations will host events that acknowledge our past and celebrate how far we've come. Our calendar of events is quickly filling up with exciting Ship Hector

250 marquee events, curling tournaments that pay tribute to our heritage, musical performances, Hector descendant celebrations and much, much more. Visit pictou2023.com to learn more about 2023 events and about the change makers who shaped our community. Check back to the website often!

We've got many more events and activities still to add to our calendar. Is your organization or group planning an event or activity in 2023? If so, please contact us at pictou2023@gmail.com, and we'll be happy to add your event to our pictou2023.com event calendar.

COMMUNITY HAPPENINGS

February 5 Snowshoe Guided Hike at 10am - Fitness Trail
 February 19 SnowMAZING Race - It's BACK!
 February 18-20 Winter Carnival - various locations
 March 14 Snowshoe Guided Hike at 10am - Fitness Trail
 Details on the above listed community events hosted by Pictou Recreation can be found on the event calendar on the Town website.

Check out the winter line up of performances that the deCoste Centre will be hosting in various venues throughout the County on their website at <https://decostecentre.ca/>

January 25 Billy Joel Tribute
 February 18 George Canyon

Follow the deCoste Centre on Facebook to keep up to date.

Pictou Library

NEED HELP? WE'RE HERE FOR YOU.

40 Water Street (2nd Floor)
 Tuesday 10am-8pm, Wednesday 10am-8am
 Thursday 10am-8pm, Friday 10am - 5pm,
 Saturday 10am-4pm

- Toddle Time on Tuesday at 10:30, Preschool Storytime Wednesday at 10:30 & ABC's for Babies on Thursday at 10:30.
- Books, audiobooks, movies, magazines & newspapers
- downloadable eBooks, audiobooks, eMagazines & eNewspapers
- Online services - Ancestry.ca, RocketLanguages, Lynda.com/LinkedLearning, Chilton's AutoRepair, NovaStory, PressReader and more...
- Public Access Computers, free WiFi Internet access
- Printers, photocopiers, scanners & FAX machine
- Jigsaw puzzles, crafts
- Community programs - book clubs, to knitting circles (online & in-person)
- **Curbside pick-up** of library materials provided upon request, (902) 485-5021
- **Home-bound Seniors Delivery** (within the Town of Pictou), (902) 485-5021
- **Borrow-by-Mail** for rural library patrons (1(866)779-7761, or bbm@parl.ns.ca)

**For more information about all library services,
 please drop by, call us - (902) 485-5021, or email : pictou@parl.ns.ca**





For over 75 years, the Pictou and Area Garden Club has been growing the joys of gardening, friendships and the knowledge to help make everyone's gardens flourish.

Join our friendly and helpful club and learn from local, experienced gardeners about the best plants and best practices. Whether you love watching seeds turn into flowers or food, or have concerns about healthy choices; or prices and availability are your motivation, growing your own food is becoming a popular endeavor. If you've been working on your flower or food production skills, you know there is plenty to learn. Tap into three quarters of a century of wisdom and share your knowledge too!

Join the PAGC and Save 10% on select gardening items at several local businesses. Membership is \$10/year so come on in, you deserve to have fun.

Questions? Reach us at Pictougardenclub@gmail.com. Follow us on Facebook.

Monthly Meetings at Pictou New Horizons Club – Saturday January 21 at 1pm, and Wednesdays at 7 pm on March 15, April 19 and May 17.



Pictou West Food Bank

The Pictou West Food Bank provides food assistance for families and individuals covering Pictou West including the Town of Pictou, out towards Saltsprings and River John. Supplies and donations are always welcomed; drop off at: 40 Water Street, Pictou
Hours: Monday, Wednesday, Friday 1:30 pm-3:00 pm

DID YOU KNOW: there is a KINDNESS METER located outside of the Pictou Post Office, all donations go to the Pictou West Food Bank, a project of Pictou Rotary Club.

Pictou Community New Horizons 50+ Club A Welcoming Club for Older Adults

The Pictou Community New Horizons 50 + Club is located near the waterfront next to the RCMP station and Harbour House restaurant. It is a club that is open to older adults in Pictou and surrounding communities. New members are welcome! The yearly membership fee is a modest \$20.00.

The goal of the club is to improve the lives of its members and to contribute to their health and welfare. The leadership team is committed to making the club a meaningful and enjoyable place where older adults can come together socialize, participate in fun activities, be involved in local affairs and in learning opportunities. There is a full schedule of weekly activities that are led by its members. Drop by the club when you see members present to see the club and pick up a weekly activity schedule.

The club building is a very good venue. It has a full kitchen, large meeting and social spaces, a games room, office, and modern and clean washrooms. The building is barrier free and fully accessible to those with mobility needs. There is ample parking including handicap spaces. Two new high efficiency heat pumps make it air conditioned in summer and comfortable in winter. It has a standby generator to ensure the building can continue to operate during a power outage. The centre has now been designated as a "Comfort Zone" to be used as a safe space when there is an emergency situation. The club has WIFI which has been updated to high-speed Fiber Op. All these features make the club an ideal place for older adults to gather and enjoy being involved.

The club can be rented at a very modest fee for special occasions, i.e., birthday celebrations, wedding receptions anniversaries, etc. To inquire, please contact Ann Young at 902-485-5741. For information about membership and to register call Alison Arsenault at 902-382-2519. For additional information contact Mary Campbell (President) at 902-396-6987 or Irene Donovan (Secretary) at 902-616-0596.

We hope to see you soon!

HERE TO HELP



Provincial Mental Health and Addictions Crisis Line

Available 24 hours a day, 7 days a week.

1-888-429-8167 toll free



Mental Health and Addictions Intake

Available weekdays, 8:30 a.m. - 4:30 p.m.

1-855-922-1122 toll free

Community Mental Health and Addictions clinics, Withdrawal Management Services, or Opioid Replacement and Treatment Program

211 Nova Scotia[®]

**MAKE THE
RIGHT CALL**

211

CONNECTS YOU TO THE
NON-EMERGENCY
COMMUNITY AND SOCIAL
SERVICES IN YOUR AREA.

911

IN CASE OF LIFE OR
PROPERTY THREATENING
EMERGENCIES

811

TO TALK TO A REGISTERED
NURSE ABOUT YOUR HEALTH

**CHAD
Transit**

CHAD Transit is a non-profit, helping persons with disabilities, seniors, and anyone else who requires transportation assistance. We take our clients

to hospital and other important appointments, work, grocery store, or wherever else they need to go. CHAD Transit is a member of the Rural Transportation Association. Dispatch hours: Mon.-Fri. 8am-4pm. Phone: 902-928-1234.