

Newsletter

Keeping Our Community Connected

WINTER 2018

Issue 21



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Capital Projects

**Important Updates
on Tax and Water**

**Community
Happenings**

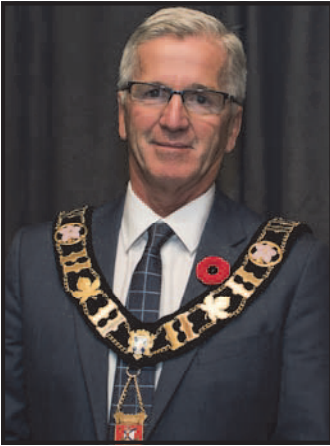
Volunteering

**Aquatics and Winter
Recreation Programs**

AND MORE....

LIVELY CULTURE. VIBRANT TOWN. FRIENDLY PEOPLE. LIVING HISTORY.

www.townofpictou.ca



*Dear Residents of the
Town of Pictou,*

It is my hope that everyone enjoyed the holiday season and that 2017 has been a wonderful year for all.

We are looking forward to exciting opportunities ahead and a number of significant and long awaited projects coming to fruition.

Plans for the development of lands at the entrance to Town are underway following the transfer of ownership by the Province. New commercial development will not only enhance the entrance to our community but will serve to attract new investment and increase Town revenues.

The above ground phase of the Water Treatment Project continues to move forward with the building that will house the treatment infrastructure now under construction. Some large watermain and paving projects have been completed and more are planned for 2018.

I am looking forward to working with our new Chief Administrative Officer, Dan Troke, and our exceptional Town staff at Public Works and the Town Office as we continue to provide services and engage with citizens to support growth of our community.

As usual, volunteers are the backbone of our community. On behalf of Town Council, I want to express my sincere thanks for your many efforts and look forward to working with all groups and individuals in 2018.

I encourage residents and neighbours to look through this Town of Pictou Newsletter to explore the many opportunities for great winter activities planned by our Recreation and Parks Department.

Happy New Year!
Mayor Jim Ryan

Your Town Council

Mayor Jim Ryan

Phone: 902-485-8748

Email: jim.ryan@townofpictou.ca

Deputy Mayor Dan Currie

Phone: 902-485-5231

Email: dan.currie@townofpictou.ca

Councillor Eric Daley

Phone: 902-485-6550

Email: eric.daley@townofpictou.ca

Councillor Malcolm Houser

Phone: 902-485-6715

Email: malcolm.houser@townofpictou.ca

Councillor Nadine LeBlanc

Phone: 902-485-1839

Email: nadine.leblanc@townofpictou.ca

Meetings

Committee of Council Meetings

Meets on the first Monday of each month except on holidays (re-scheduled to the following Monday)

Regular Town Council Meetings

Meets on the third Monday of each month, except on holidays (re-scheduled to the following Monday).

Pictou Recreation and Parks Committee

Meets on the last Thursday of each month except on holidays.

All meetings take place at the Town Hall, 40 Water Street.

NOTE: Meeting dates may change. Please check website for details or call the Town Hall at 902-485-4372.

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Photo Credits: Gerry Farrell

Dog Control: Contact the Town Office at 902-485-4372. For emergencies contact the RCMP at 911.

Unsightly Property/Miscellaneous Complaints: Contact the Town Office at 902-485-4372.

Street Light Outages: Contact Town of Pictou at 902-485-4372.

Tax Billing: Billed twice a year (tax year is April 1-March 31) - June and September, subject to change.

Water Billing: Billed four times a year - February, May, September and November (subject to change).

Bill Payment Options: Cash, debit, cheque, online and telephone banking; payments made at Town Administration Office at 40 Water St.

**Administration Office,
Town Hall**

Hours Open
8:30 am-4:30 pm
Closed Stat/Civic
Holidays

40 Water Street
PO Box 640, Pictou
B0K 1H0
Ph: (902) 485-4372
Fax: (902) 485-8110

Email:
info@townofpictou.ca

Public Works

Ph: (902) 485-5390

Pictou Fire Department

Emergency 911
Fire Hall (902) 485-4136

**Pictou Recreation
and Parks**

Ph: (902) 485-4372

**Pictou Recreation
Aquatics**

73 Harbour Drive
PO Box 640
Ph: (902) 485-5301
Fax: (902) 485-6087
Email:
aquatics@townofpictou.ca

**FOLLOW PICTOU ON
FACEBOOK AND
TWITTER**

**Town of Pictou
Administration Directory**

Dan Troke, CAO Ext. 223
dan.troke@townofpictou.ca
As of January 8, 2018

Nicole MacDonald Battist Ext. 254
Deputy Clerk
nicole.battist@townofpictou.ca

Corey Smith, CA Ext. 224
Town Accountant
corey.smith@townofpictou.ca

Jim Chisholm
Superintendent of Public Works
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Kyle Slaunwhite Ext. 258
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kyle.slaunwhite@townofpictou.ca

Paul Janes, Fire Chief
paul.janes@townofpictou.ca

Michelle Young Ext. 255
Recreation Coordinator
michelle.young@townofpictou.ca



Birthplace of New Scotland



www.townofpictou.ca

Appointment of CAO Announced by Pictou Town Council

Pictou, NS (November 20, 2017) - Mayor Jim Ryan and Pictou Town Council are pleased to announce the appointment of Mr. Dan Troke to the position of Chief Administrative Officer effective January 8, 2018.

Mr. Troke comes to the position with over 20 years experience within multiple levels of government in Nova Scotia and Canada. He will be leaving his current position as Chief Executive Officer at Niagara Regional Housing to return to Nova Scotia.

Mr. Troke has held positions of increasing responsibility within Nova Scotia Government Departments including Coordinator of Accounting and Financial Reporting with the Department of Agriculture, Director of Taxation and Fiscal Policy with the Department of Finance, and President and Chief Executive Officer of Housing Nova Scotia.

In his roles, Dan has been entrusted with complex, multi stakeholder programs that required building strong relationships in the private, not for profit and public sectors, ensuring continual policy development, financial planning and program delivery monitoring. Mayor Ryan stated, "Dan was selected from a strong field of candidates as the person most able to support us as we move the Town of Pictou toward the implementation of our long-term plan."

Mr. Troke has an MBA from Saint Mary's University and a BBA from the University College of Cape Breton.

Dan and his wife Joanne have three children and enjoy spending time at their family cottage in Brule.

HOW TO SET UP ONLINE BANKING TO PAY TAXES AND WATER BILLS

To begin you must have a separate payee for each; taxes and water.

FOR TAXES

1. Search Pictou
2. Select "Pictou (Town of) Taxes"
3. Enter account number - must be 8 digits; if not add 00s in front of the account number.

For example:

Account Number: 102436; enter as 00102436

FOR WATER

1. Search Pictou
2. Select "Pictou (Town of) Water"
3. Enter account number - must be 6 digits; do not include the **.00** in the account number. If you need more digits add 00s in front of your account number

For example:

Account Number: 17042.00; enter as 017042

CAPITAL PROJECTS UPDATE

Water Treatment Plant and Pressure Zones

Construction has started on the water treatment plant. This winter the plant walls, roof and interior work will be carried out. In the spring, pipework associated with the treatment plant and pressure zones will commence. The project is on schedule to be complete in Fall of 2018. During construction, residents are asked to avoid areas of work. Heavy equipment will be coming and going from the construction site and we want everyone to be safe.

Paving and Waterline

The Town wants to thank everyone for their patience during the paving and watermain work this year. The last of the sidewalk work is wrapping up on Haliburton Road and soon it will be ready for normal use.

New Water Treatment Plant - located on Wellington Street



Notice: Changes to Traffic Flow on Veteran's Drive

Effective Monday, December 18, 2017, the section of Veteran's Drive from the south-end of the Legion Parking lot to the intersection at Dunromin Terrace will become One Way northbound.

Vehicles leaving the Legion or Commercial Centre (Blink Bonnie Plaza) will use Weaver Road or Sunset Drive (roundabout).

This change is for the purpose of reducing the amount of through traffic in this neighbourhood and will be reviewed by Council in one year. Thank you for your cooperation!

Town Grant Program

Organizations requesting financial assistance through the Municipal Grants to Organizations Program for fiscal year 2018-19 must forward their application to the Recreation Coordinator no later than May 7, 2018. The application forms are available from the Recreation and Parks Office at 40 Water Street or you may download the forms from the Town website at www.townofpictou.ca.

Applications will be considered in accordance with the Grant Program Policy for the Town of Pictou. Grant categories include:

- Youth Travel
- Community Programming
- National /Provincial/or Local Event
- Community Economic Development Initiative

Only grant requests completed on application forms will be considered. All first-time applicants are encouraged to contact the Recreation Coordinator at 485-4372 x. 255 or email michelle.young@townofpictou.ca to discuss their proposal and receive assistance in completing the application form. Guidance will also be provided in identifying ineligible projects/expenses or referral to other grant programs. Organizations and individuals who have previously received funding from the Town of Pictou will also be required to fill out an application form to be considered for financial assistance.

2017/2018 WINTER PARKING REGULATIONS

The Winter Parking Ban is now in effect in the Town of Pictou. Here's what you need to know.

When: December 15, 2017 to April 1, 2018.

What: No cars can be parked on the streets, sidewalks or shoulders of the streets in the Town of Pictou from 1:00 am to 7:00 am & during daytime hours, when snow plows are trying to plow the streets.

Exemptions: Physicians, police & fire officials while carrying out their official duties and operators of commercial vehicles while loading & unloading.

Violations: All vehicles will be ticketed and towed at owner's expense. This applies whether there is snow or not. Additional penalties provided by Section 292 of the Motor Vehicle Act.

www.townofpictou.ca

Call for Citizens Application

The Town of Pictou is inviting citizens to apply to serve on the following committees:

TOWN OF PICTOU AUDIT COMMITTEE

The role of the committee is to carry out the responsibilities contained in section 44 of the Municipal Government Act. Main responsibilities include reviewing the financial statements and evaluating internal control systems.

TOWN OF PICTOU PARKS & RECREATION COMMITTEE

The committee operates pursuant to the Pictou Recreation and Parks Committee Policy. The major focus areas include planning and organizing special community events and serving as an advisory group to Council on recreation service delivery.

TOWN OF PICTOU VOLUNTEER FIRE FIGHTERS SOCIETY

As a registered CRA charitable society, the main purpose of this group is to facilitate fund raising efforts for the replacement of heavy equipment for the fire department.

PICTOU/CARIBOU SOURCEWATER PROTECTION ADVISORY COMMITTEE

This committee provides resources and recommendations to residents in the Central Caribou area and the Pictou Water Utility to ensure effective source water management. One position is open to a resident of the Central Caribou area, while the other is at-large.

VETERANS PARK DEVELOPMENT COMMITTEE

This will be an ad-hoc committee whose purpose will be to assist with the development of an interpretative plan of a newly located park. The park will celebrate the community's wartime contributions and promote our ship building heritage.

Further information on the committees can be found on the Town website. If you are interested in volunteering for one of the committee positions, please forward a brief biography outlining related experience to the undersigned on or before February 28, 2018.

Nicole Battist
Deputy Clerk, Town of Pictou
PO Box 640, 40 Water Street, Pictou, NS B0K 1H0
902-485-4372 X. 254

Following are the Winter Programs offered by Pictou Recreation and Parks. Pre-registration and payment for all programs are required. Men and women; youth, adults and seniors are welcome to all classes unless an age group is specified. Discounts are available for signing up for multiple exercise classes. Drop-in rates are also offered. Call for details at 485-4372.

Tai Chi with Bob Bennett (ongoing)

Gentle flowing movements that reduce the stress of today's busy lifestyles and improve health. It is a non competitive, self-paced system of gentle physical exercise and stretching. Anyone regardless of age or physical ability can practice Tai Chi. Every Monday beginning **January 8th** at the Odd Fellows Activity Room. Join in anytime.

Time: 9:00-10:00 am

Cost: \$5.75 per class

Photography Class with Len Cheverie (8 weeks)

Improve your photographic experience! This course is for anyone wanting to have a better understanding of the basics of photography. Classes are held on Tuesdays beginning **January 16th** from 7:00-9:00 pm. Fee is \$75 and pre-registration is required. For further info or to register contact the PRP Office at 485-4372.

Chair Yoga with Rachael MacLean (6 weeks)

Chair Yoga is a wonderful and uplifting program for all ages and abilities. This class will invite you to connect with breath and movement to improve your range of motion, flexibility and strength. Join us for this opportunity to feel better in this customized session to meet YOUR needs. Enjoy the benefits of Yoga, feeling rejuvenated, relaxed and well. Every Wednesday beginning **January 10th** at the Pictou New Horizons Club from 10:45am.

Cost: \$45. **This program was made possible through our partner Pictou New Horizons Club.**

Nordic Pole Walking Group (weekly; winter)

Are you interested in Nordic pole walking and want to find out how to get started. Join in a weekly indoor walk at the Hector Arena. Nordic walking is a total body version of walking that can be enjoyed by everyone as a health-promoting physical activity. The activity is performed with specially designed walking poles similar to ski poles. Nordic walking is the fastest growing adult physical activity in Canada. **Poles and general instruction are provided.**

Every Monday at 10:00 am beginning **January 8th**. Location: Hector Arena, Pictou. Cost: by donation

FUN FACT:

% of Muscles involved with Nordic Walking = 90%

with stationary bike = 30-40%

with walking/jogging = 40-50%



YOUTH PROGRAMS

Youth Floor Hockey (ongoing until June)

An opportunity to enjoy an exciting and affordable hockey experience in a safe friendly environment. Teams are put together with an objective to balance the skill level of the teams as much as possible. Participants are provided with the opportunity to participate in training and skill development sessions. Ages 6-15 yrs. Beginning February **TBA** Location: PA Gym
Cost: \$2.00 drop in; must call 902-485-4372 to register.

Self Defense Class for Girls with Kelli Cruikshank

This Program is intended to educate, promote awareness, build self-esteem and give young women the physical and mental tools they need to detect, avoid and escape potentially violent situations. Learn simple, effective physical self-defense techniques, explore verbal self defense - reasoning, confronting, using surprise, and more. Call for details and to register.

When: February TBA Location: PA Gym. Call for details at 902-485-4372



DID YOU KNOW you can borrow the following equipment for **FREE** ?
For details call Pictou Recreation and Parks at 485-4372

Snow Shoes - adult and youth

Nordic Walking Poles - great for winter walking

Kit Bag - tug a war rope, soccer ball, skipping ropes, badminton, volley ball, games, and more.

2 Sport Wheel Chairs

Also roller blades, road hockey equipment, bikes & helmets, canoe, baseball bag, washer toss, tennis rackets, flag football kit bag and more; full list on Town website.

PLUS the Pictou Library has **PLAY PACKS**, bike locks, Nordic Poles.

Therapeutic Touch

Receive a TT treatment. Very restorative.

Therapeutic Touch treatment sessions will be held at the Stella Maris Hall on Denoon Street in Pictou. Sessions are held every second Wednesday from 7:00-9:00 pm. Treatments are \$4.00 and all are welcome.

A TOONIE OF FUN **Drop In Programs**

Pictou Badminton Club (Drop-in)

Tuesdays beginning January 9th at the Pictou Elementary Gym . 7:00-9:00 pm

Cost: \$2.00 Bring your own racket.



Adult Floor Hockey (Drop-in)

Sundays beginning January 7th at the Pictou Academy Gym
2:00-4:00 pm Cost: \$2.00



Communities, Culture and Heritage

OPEN SKATES AND SWIMS

FREE Swims at the Fisheries Training Pool

Saturdays from 12:00-1:00 pm; made possible through support by the Province of Nova Scotia's Facility Access Program. For further info call the pool at 485-5301.

FREE Skating at the Hector Arena

Sundays from 9:30 am-11:00 am. The "I Love To Skate" program in made possible through funding the Province of Nova Scotia's Facility Access Program. For info call 485-5122. **Subject to change due to tournaments.**

Bus Trip - Nova Scotia International Tattoo

Scotiabank Centre, HALIFAX

June 30, 2018 - 2:00 pm show

Celebrating 40 years; don't miss this epic show of groups from across Canada and around the world. Looking for a taste of true Nova Scotia? There's bagpipes, highland dancers and military traditions. Hoping for something more modern? The Tattoo also features innovative acrobatic acts, modern music, contemporary dancing, trampoline routines and cutting-edge videos. Call Pictou Recreation and Parks to register, limited seats available. Cost: \$68 Reserve your seat/ticket early, call Pictou Recreation and Parks at 902-485-4372.

www.townofpictou.ca

Below are highlights of funding programs available for youth and community groups. **A full list of funding sources is located at www.townofpictou.ca/funding**

Canadian Tire JumpStart

Canadian Tire Foundation for Families has created a community based charitable program to get children active called “Canadian Tire JumpStart”, which delivers assistance to financially disadvantaged children so they can participate in recreational activities and organized sport.

KidSport (offered through Sport Nova Scotia)

Assists children by overcoming financial barriers which prevent or limit their participation in organized sport. www.sportnovascotia.ca/kidsport

Community Development Program (offered through NS Department of Communities, Culture & Heritage) types of projects approved include start up costs for new groups, leadership training, sport and recreation club development, presentation of workshops, clinics, conferences, physical activity initiatives for after school programs, youth and adult groups.

Additional information and application forms for these programs are available from Pictou Recreation and Parks, 40 Water Street, Pictou, by calling 485-4372 or emailing info@townofpictou.ca.

Gary Boone Leadership Development Fund

The purpose of the fund is to provide financial assistance to new initiatives in leadership training development which result in:

- Increased involvement in physical activity leadership roles
- Increased and improved physical activity leadership skills of community recreation and sport leaders.

Examples of eligible initiatives include: courses to become certified instructors, fitness leadership training and more. This program is provided with support from NS Dept. of Communities, Culture & Heritage — Physical Activity, Sport and Recreation Division. The program is managed by the Highland Region Recreation Coordinators Association. **Contact Pictou Recreation and Parks for an application form or visit our web site at www.townofpictou.ca/funding**

DID YOU KNOW ?

Only 9% of Canadian kids get the 60 minutes of heart-pumping physical activity they need each day.
- 2016 ParticipACTION Report Card

PICTOU FISHERIES TRAINING POOL

73 Harbour Drive 485-5301 aquatics@townofpictou.ca
Pictou Recreation Aquatics has been offering Red Cross Swim Lessons for over 50 years in our community!

RED CROSS SWIM LESSONS

Now accepting registration for the Winter 2018 Session of swim lessons. Please note that this will be an 8-week session. Spaces are limited, register early.

Wednesdays, January 10 to February 28

Thursdays, January 11 to March 1

Friday, January 12 to March 2

Saturdays, January 13 to March 3

Spring Session of Swim Lessons begins on March 21

Adult Swim Lessons

Tuesdays - January 9 to February 27

These lessons are from 7:00-8:00 pm and the fee is \$75 for 8 weeks or \$10 pay as you go.

Arthritis Fitness Classes - providing a balanced approach to train and target cardiopulmonary benefits, functional fitness, muscular endurance and strength, balance, posture and flexibility. Join us Mondays & Wednesdays 11-12:00 pm.

Bronze Cross Course - is set to run on January 21, 28 & February 4 & 11. Each day will begin at 9:00 am and finish at 2:00 pm. Participants must be at least 13 years of age and hold a Bronze Medallion. Preregistration is required.

National Lifeguard Course - will be held during the March Break. March 11 from 9-2:00 pm, March 12-16 from 1-6:00 pm, March 17 & 18 from 9-2:00 pm. Participants must be 16 by the end of the course and hold a Bronze Cross. This is an intense course and requires 100% commitment.

Red Cross Babysitters Course - offers basic first aid and care giving skills for youth 11–15 years old. Participants learn how to provide care to younger children in a variety of age groups, and how to prevent and respond to emergencies. Pre-registration is required.

Course fee \$40. Course date: Wednesday, March 14 Register early to avoid disappointment

DID YOU KNOW ?

An hour of vigorous swimming will burn up to 650 calories. It burns off more calories than walking or biking.



Drop In Fees

Parent & Tot	\$4.25
Student/Senior	\$3.75
Adult Swim	\$6.50
Family Swim	\$13.50
Aquafit	\$7.25
Sr. Aquafit	\$6.25

SUN	MON	TUES	WED	THUR	FRI	SAT
		Aquafit 9:30-10:30		Aquafit * 9:30-10:30	Aqua/ Arth 9:30-10:30	
	Arthritis 11-12:00	Splash N Play 10:30-11	Arthritis* 11-12:00			Swim Lessons 9:30-12
OPEN FOR RENTAL	Adult Lane 12-1		Adult Lane 12-1		Adult Lane 12-1	Free Swim 12-1
Family Swim 2-3:30		Adult Lane 2:30-3:30		Adult Lane 2:30-3:30		OPEN FOR RENTAL
OPEN FOR RENTAL	Swim Team 4-6:30	Swim Team 4-6:00	Swim Team 4-5:30	Swim Team 4-5:30		OPEN FOR RENTAL
Family Swim 6-7		Family Swim 6-7	Swim Lessons 5:30-7	Swim Lessons 5:30-7	Swim Lessons 5:30-7	OPEN FOR RENTAL
Masters 7-8	Aqua Turbo 7-8	Adult Swim & Lessons 7-8	Aquafit 7:15-8:15	Masters 7:30-8:30	Open Swim 7:30-9	Open Swim 7:30-9
		Masters 8-9				

Shaded areas are included in **True Potential Fitness** memberships

*TPF memberships pay half the drop in fee

**Looking for
goggles & caps
Visit the
Pro Shop**



**WASN'T THAT A
PARTY ?!**

That's what people
will be saying if you
let us be a part of your **birthday
or get-together!** Give us a call for
rentals...we set up and clean up!
For more details call 485-5301

GET ACTIVE—GRADE 5

Calling all Grade 5 students attending McCulloch Education
Centre.... **FREE** admission to the pool for the Friday and Saturday
Open Swims at 7:30-9:00pm

Advantages of Membership

Includes all public swims (family & open) and lane swims.
10% discount on Pro Shop merchandise, 25% discount on Instructional
Programs and access to gym (True Potential Fitness) during
designated times. **Bundle it and save.....15% discount if you
purchase both an aquafit and swim membership.**

<u>Membership Type</u>	<u>3 Month</u>	<u>Yearly</u>
Student/Senior	\$78.00	\$245.00
Adult	\$155.00	\$500.00
Family	\$230.00	\$740.00
Aquafit	\$220.00	\$700.00
Sr. Aquafit/Arthritis	\$150.00	\$475.00

SWIM CLUBS AT THE FISHERIES TRAINING POOL

Ancient Mariners Masters Swim Club

Swim for fitness or train for competition

Sundays, 7-8, Tuesdays 8-9, and Thursdays 7:30-8:30pm

Contact Victoria Reich at 485-8906 or Pictou Aquatics at 485-5301

Pictou County Mariners Swim Club

For youth ages 7 years and up

Come in and see what were all about!

~New members are always welcome~

Contact Janice Currie at 485-1983 for club details.

Check out the Pictou Fisheries Pool This Fall!!

First Aid Courses Does your business need a First Aid Course? We can come to you or you can come to us. Emergency or Standard First Aid, all levels of CPR and AED training.

Adult Swim Lessons Whether you are scared stiff or wish to improve your strokes, this swim instruction session is designed to meet the individual needs of each participant. Tuesdays from 7-8:00 pm.

Aqua Turbo with Darlene A high intensity class! It focuses on building cardiovascular strength and endurance through challenging routines of intervals and higher intensity options. You will keep your heart rate and pace up throughout the class and learn to train in both aerobic and anaerobic zones. Provides a definite challenge for veterans and avid participants. Every Monday 7:00-8:00pm and Wednesday 7:15-8:15 pm.

Splash N' Play Swim (Parent and Tot) A fun time for Moms, Dads and Caregivers. Tuesday from 10:30-11:00 am.

Job Opportunity Are you 15 or 16 years old and looking for a part-time job? Love the water and would like to be a swim instructor and/or lifeguard? Call us at 485-5301 for more information.

Aquafit and Arthritis Fitness Classes Fun, Fitness and Friendship. Come and join us in the water. Work at your own pace. Structured to fit your fitness needs. Bring a friend, or come and meet a new one. Have fun and get fit. Check our pool schedule. We'd love to see you.

MARCH BREAK

March 12—16

Toonie Swims Monday through Friday from 1-3:00 pm

Adult Lane Swims 12-1:00 pm

Babysitters Course March 14

National Lifeguard Course March 11-18

Watch for surprises during the week

OTHER EVENTS AT THE POOL TO WATCH FOR

Ladies Night - Saturday, February 10. 7-9:30 pm

Our guest will be Dr. Lisa McNiven ND Naturopathic

Pictou Winter Carnival - February 9-11

Heritage Day - February 19. Join us for a Toonie Swim in the afternoon from 1-3:00 pm. Serving up treats after the swim.



Winter Carnival

February 9-11, 2018

Sleigh rides, snow sculpture contest, team events, outdoor activities for all ages, Valentine

Chocoholic at the Pictou United Church, pancake breakfast and more.

Fun for the whole family!

Watch town website for more details at www.townofpictou.ca



MARCH BREAK FUN at the POOL

March 12-16, 2018

Pictou Fisheries Pool

Want to have a fun, exciting and an unforgettable

MARCH BREAK? Spend it with us. Pictou

Recreation Aquatics will once again have March Break swims. **FUN FOR THE WHOLE FAMILY.** Check the website for details in March.

Tartan Day

What is Tartan Day? Tartan Day in Canada has become an annual event. The concept of "Tartan Day" began at a meeting of the Federation of Scottish Clans in Nova Scotia on March 9, 1986. **Tartan Day** is a celebration of Scottish heritage and the Declaration of Arbroath signed April 6, 1320. In Canada, on Tartan Day, Canadians are encouraged to wear tartan in commemoration of the contributions of Scots and their descendants to the fabric of our society. **Keep watch on the town website for event details at McCulloch House Museum and Genealogy Centre on April 9, 2018.**



Hector Arena 2018 Skating Schedule

Adult & Tot	Monday & Wednesday	10:00-11:30 am	donation
Adult & Tot	Friday	12:00-1:00 pm	donation
Public Skating	Fridays	3:30-5:00 pm	FREE
I Love to Skate	Sundays	9:30 am-11:00am	FREE

Walking at the Rink

The cooler weather is upon us, continue your walking routine at the Hector Arena inside Monday to Friday, 8:30-11:30 am & 1:00-4:00 pm. Why not drop by with a friend? Donations accepted.

Birthday Parties welcomed at Friday Skating. Reservations a must. Skate sharpening available. For info call the Hector Arena at 485-5122.

Helmets are now mandatory for children 18 years and under.

Note: Skating schedules are subject to change without notice due to special events or tournaments. Please call ahead to confirm or check out their facebook page.

New Caledonian Curling Club Lots Happening this Winter!

The club has been in its current location on Caladh Avenue since 1910. The club offers a full range of activities to suit all ages - junior, mixed, adult and industrial league. Adult curling is on Monday, Wednesday and Thursday evenings. We also have a junior program on Tuesday afternoons. There are fun spiels throughout the season. Qualified instructors are on hand to give assistance.

We are always pleased to have new members and you can give the game a try by enrolling in a four week instructional program for new curlers for \$25. If you join \$25 will be deducted from your membership fee.

Club House available for rentals and birthday parties. For further information call Alta Munroe at 485-4913 or Vicki Campbell at 485-4702.

Upcoming Events at the Club:

Ship Hector Bonspiel
January 26-28, 2018

Curl for Cancer
Friday, February 23, 2018



Art Classes with Carolyn Vienneau

Offering the following classes:

Drawing, Oil & Acrylic (all ages & levels), Beginner Water Color,
and Children's Classes - Ages 8 & Up

For more information call 485-5005 / 759-3771 or email:

cvienneau@ns.sympatico.ca Website: [Carolyn Vienneau.com](http://CarolynVienneau.com)

Canadian Red Cross Society

Located at 40 Water Street Tel: 485-1789

Hours: Mon., Wed., Thurs. - 1:30 pm-3:00 pm

Interested in volunteering.....please call. Always looking for volunteers.

VOLUNTEERING

Now is your chance to recognize an outstanding volunteer in our community. Nominations for **Volunteer Week 2018**, April 15-22, are now being accepted. Application forms are available at the Pictou Recreation & Parks office or can be downloaded from the Town website. Pictou Volunteer of the Year Nominee must be a resident of the Town of Pictou. Deadline for nominations: Wednesday, February 14, 2018. Information on Pictou's Volunteer Reception

will be sent to community groups at a later date.

Other provincial awards include the Volunteer Family Award and Volunteer Youth Award. For more information visit:

<http://novascotia.ca/NonProfitSector/celebrating-volunteers.asp>

DID YOU KNOW.....

More than 410,000 Nova Scotians volunteer, contributing an average of 192 hours per year. That's almost 79 million hours of volunteering!

www.townofpictou.ca

Pictou Public Library & Innovation Centre**www.parl.ns.ca / 902-485-5021****Hours of Operation**

Tuesdays & Thursday 10:00 am-9:00 pm
Wednesday, Friday & Saturday 10:00 am-5:00 pm

ALL PROGRAMS IN THE PICTOU LIBRARY ARE FREE!

ABC's for Babies – Thursdays, 10:30 am. We are now registering for sessions starting in January. This program is for infants up to 18 months old and their parents (Mom &/or Dad; beginning January 5th)

Preschool Storytime – Wednesdays 10:30 am. We are now registering for the next session starting January 4th. Child must be 3 by Jan. 1st.

Toddle Time – Tuesdays, 10:30 am. We are now registering for winter session starting January 3rd. (Child should be 18 – 36 months old)

Wii Time – Every Tuesday, 3-5:00 pm. Lots of fun: dance, Go Karting with Mario and try your hand at your favourite sport.

Imagination Saturdays - Drop by the library all day (10:30 am-4:30 pm) and see what fun stuff we have planned! Every Saturday will be different. Games, puzzles, LEGO, crafts, puppets, how about being a “tinker” and seeing what you can make from our Tinker Trays, Scavenger Hunts and more..... hands-on fun for families to share together!

Knifty Knitters - Thursday afternoons 3-4:30 pm. Drop in to knit or crochet with others. If you don't know how, this is a great opportunity to learn. Bring your own needles and/or crochet hook or they can be provided. We have oodles of yarn for you to use. Patterns & written instructions will be available. Also, there will be books available for the novice as well as the more advanced. Tea & coffee, snack provided.

Thursday Book Club – 7:00 pm, second Thursday of every month

Tuesday Book Club – 7:00 pm, third Tuesday of every month

To find out more please visit the Library or go to our events page at www.parl.ns.ca.

True Potential Fitness

We are open 7 days a week; 365 days a year. Remember, if you ever have any questions about TPF, personal health, or fitness in general, feel free to join our Facebook group 'True Potential Fitness' or e-mail Branden O'Brien at branden_obrien@hotmail.com. Telephone: 382-3303.



Royal Canadian Legion 902-485-5790

The Royal Canadian Legion Branch 16 in Pictou is located on Veterans Drive across from the Sobeys Plaza. Activities at the Legion include darts, pool, karaoke, line dancing, Chase the Ace, snowball draw and bingo. Besides offering support and social activities for Veterans of the Armed Forces the Legion supports the local cadets, the food bank, 4H, the local Fire Department, and bursaries for students.

We are always looking for new members and encourage you to visit and see what we have to offer. Many activities are open to the public such as Monday Night Bingo, Friday Night Chase the Ace, Thursday night Karaoke Dance, Meat Darts on Saturday and Sunday Meat Roll; a few activities are member benefits. .

Open Hours:

Monday, Tuesday and Saturday 10:00 am - 7:00 pm
 Wednesday, Thursday and Friday 10:00 am - 12:00 am
 Sunday 1:00 pm - 7:00 pm



The purpose of this cooperative partnership amongst the **six municipalities in Pictou County** is to educate and motivate all citizens to increase their daily physical activity in an effort to create a happier, healthier and active community. The brand Active Pictou County was created as the driving force for this purpose. Looking to get more active or incorporate physical activity into your daily routine, visit the Active Pictou County website at:

www.activepictoucounty.ca

Sally O'Neill, Coordinator

Pictou West Food Bank

The Pictou West Food Bank provides food assistance for families and individuals covering Pictou West including the Town of Pictou, out towards Saltsprings and River John. Supplies are always needed. Donations are welcomed and can be dropped off at:

40 Water Street, Pictou

Hours: Monday, Wednesday, Friday 1:00 pm-3:00 pm

HOST FAMILIES NEEDED FOR THE INTERNATIONAL STUDENT PROGRAM

Flags from Belgium, France, South Korea, Spain, Chile, Brazil, and South Korea adorn the walls of Pictou Academy in honour of 9 international students attending the school this year.

The program would not be successful without a welcoming school, local students open to a new experience, along with the engaged and enthusiastic program coordinator, Monica Nielsen. Blair MacDonald, Principal of the Academy speaking of the experience: "It allows the international students to learn about our curriculum and culture. At the same time, it is a terrific opportunity to invite new cultures into our school."

Perhaps the most important ingredient to provide a nurturing and safe experience for the students is the host family. Ann and David Porter tried their hand at this for the first time this year. When Ann was asked about the best part of being a host: "Everything is the best thing but seeing how happy the kids are at PA is really the best. They love our small town and the small school experience. I would do it again in a heartbeat."

There is room to grow the program at Pictou Academy and the International Student Program has a waiting list but more host families are needed. Participating in the program can be a life changing experience for both students and their host families. If you are interested in becoming a host or exploring just how the program works, you can contact:

**Monica Nielsen, nielsenm@ccrsb.ca
Nova Scotia International Student Program
902-754-6010, FB: [facebook.com/CCRSBISP](https://www.facebook.com/CCRSBISP)**



advocate  media inc.
PRESENTS

WINTER BLAST FESTIVAL



Canada 150: Susan Aglukark > *January 29*
Hotel California > *February 6*
Shane Howard (AUS) > *February 10*
Classical: VC2 Cello Duo > *February 15*
Black Umfulosi > *March 3*
Pictou Academy Presents: A Haphazardly Ever After > *March 8/9*
Canada 150: William Prince & Digging Roots > *March 10*
Rave On: The Buddy Holly Story > *March 13*
The Northern Pikes in Concert > *March 17*
Classical: Ladom Ensemble > *March 18*
Canada 150: H'Sao African Rhythms > *March 20*
Hubcap Comedy Festival Presents: Derek Sequin > *March 23*
Phantom of the Opera - Spring Gala > *March 24*

To Get Your Tickets Call 902-485-8848 | Buy Online at decostecentre.ca | Drop by our box office

See it live! See it local!

Memberships for 2018 are now available. For more information on memberships and gift certificates visit the deCoste website at www.decostecentre.ca.